

Track: 3:08 min - 120 BPM

Start: On Vocals after 16 counts

1-8: HIP ROLL, COASTER STEP, HIP ROLL, COASTER STEP

1,2 RF step forward and roll right hip (c/w) (weight on left). Easy option "RF heel Grind"
3&4 RF step back, LF step next right, RF step forward
5-6 LF step forward and roll (anti c/w) (weight on right). Easy option "LF heel Grind"
7&8 LF step back, RF step next left, LF step forward

9-16: ¼ TURN, ¼ TURN, CROSS, SWEEP, CROSS, ¼ TURN, BACK

1,2 RF step forward, ¼ turn left and replace weight on left (9.00)
3,4 RF step forward, ¼ turn left and replace weight on left (6:00)
5,6 RF cross over left, LF sweep from back to front
7&8 LF cross over right, ¼ turn left and step RF back, LF step back (3.00)

17-24: BACK SWEEP, BACK SWEEP, COASTER STEP, BIG STEP - DRAG, POP WALK, POP WALK

1,2 RF step back and sweep LF back, LF step back and sweep RF back
3&4 RF step back, LF step next right, RF step forward
5,6 LF big step forward, RF drag to LF (weight on LF)
7,8 RF step forward and pop left knee, LF step forward and pop right knee

25-32: ROCKING CHAIR, STEP, X3 BOUNCE HEELS ¼ TURN LEFT

1,2 RF rock forward, Recover on LF
3,4 RF rock back, Recover on LF
5,6 RF step forward, RF & LF bounce heels
7,8 1/8 turn left & RF & LF bounce heels, 1/8 turn left & RF & LF bounce heels (weight on LF) (12.00)

33-40: PADDLE X3, CROSS, PADDLE X3, CROSS

1,2 ¼ turn left and touch RF to right, 1/8 turn left and touch RF to right (7.30)
3,4 1/8 turn left and touch RF to right, RF cross over left (6.00)
5-6 ¼ turn right and touch LF to left, 1/8 turn right and touch LF to left (10.30)
7-8 1/8 turn right and touch LF to left, LF cross over right (12:00)

41-48: ROCK & CROSS, ROCK & CROSS, HINGE TURN, CROSSING SHUFFLE

1&2 RF Rock right, Recover on LF, RF cross over left
3&4 LF Rock left, Recover on RF, LF cross over right
5-6 ¼ turn left and step RF back, ¼ turn left and step LF side left (6:00)
7&8 RF cross over left, LF step side left, RF cross over left

49-56: & TOUCH, & TOUCH, & KICK HOOK KICK, & TOUCH, & TOUCH, & KICK HOOK KICK

&1&2 LF step side left, RF touch next to left, RF step side right, LF touch next to right
&3&4 LF step side left, RF kick over left, RF hook over LF, RF kick forward
&5&6 RF step side right, LF touch next to right, LF step side left, RF touch next to left
&7&8 RF step side right, LF kick over right, LF hook over RF, LF kick forward

57-64: & JAZZ BOX, STEP ½ X2

&1,2 LF step next right, RF cross over left, LF step back
3,4 RF step side right, LF step forward
5-6 RF step forward, ½ turn left and step LF forward (12:00)
7-8 RF step forward, ½ turn left and step LF forward (6:00)

Start again. Have fun!

