

Track: 3:27mins - approx. 90 bpm

Count In: Dance begins on lyric 'ON' ("I know you moved ON")

The count in is tricky, it is approximately 15 counts from start of track, possibly 15.5.

It might help if you count from start of track 1-8 and then count 1,2,3,5,6,7,8

- [1 – 9]** L fwd, R mambo fwd, L mambo back, 3/4 pivot turn left, R side, L behind, R side, L cross with R sweep
1 2 & 3 [1] Step forward L, [2] Rock forward R, [&] Recover weight L, [3] Step back R, 12.00
4&5 6&7 [4], Rock back L, [&] Recover weight R, [5] Step forward L, [6] Step forward R, [&] Pivot 3/4 turn left,
[7] Step R to right side 3.00
8 & 1 [8] Cross L behind R, [&] Step R to right side, [1] Cross L over R as you sweep R, 3.00
- [10 – 17]** R cross, L side rock, L crossing shuffle, unwind 1/2 turn right, L cross, R point, R touch, R point
2 3&4&5 [2] Cross R over L, [3] Rock L to left side, [&] Recover weight R, [4] Cross L over R,
[&] step R to right side, [5] Cross L over R 3.00
6 7 8&1 [6] Unwind 1/2 turn right (weight R), [7] Cross L over R, [8] Point R to right side,
[&] touch R next to L, [1] Step R to right side 9.00
- [18 – 25]** L close, R step in place, L side, R close, L step in place, R back diagonal, L touch,
L back diagonal, R touch, 1/4 turn R chase
2&3 4& [2] Step L next to R, [&] Step R in place, [3] Step L to left side, [4] Step R next to L, [&] Step L in place 9.00
5&6& [5] Step diagonally back R, [&] Touch L next to R, [6] Step diagonally back L, [&] Touch R next to L 9.00
7&8 [7] Make 1/4 turn right stepping R to right side, [&] Step L next to R, [8] Step R to right side, 12.00
- [26 – 31]** L close, R point, R hitch, R back, L point, L hitch, L back, R big step back, Hold, L ball close, R fwd
&1&2&3&4 [&] Step L next to R, [1] Point R to right side, [&] Hitch R, [2] Step back R, [3] Point L to left side,
[&] Hitch L, [4] Step back L 12.00
5 6 & 7 [5] Big step back R, [6] Hold dragging L toward R, [&] Step ball of L next to R, [7] Step forward R 12.00
- [32 – 40]** Diamond: L fwd, 1/8 turn L side R, Back L-R, 1/8 turn L side, 1/8 turn L fwd R-L,
1/8 turn L R side, Heel switch, Toe touches
8&1 [8] Step forward L (slightly across R), [&] Make 1/8 turn left stepping R to right side, [1] Step back L 10.30
2&3 [2] Step back R, [&] Make 1/8 turn left stepping L to left side, [3] Make 1/8 turn left stepping forward R 7.30
4&5 [4] Step forward L, [&] Make 1/8 turn left stepping R to right side, [5] Touch L heel forward 6.00
&6& [&] Step L next to R, [6] Touch R heel forward, [&] Step R to right side and slightly back, 6.00
7&8 [7] Touch L next to R, [&] Step L to left side and slightly back, [8] Touch R next to L 6.00
- [41 – 48]** Diagonal back R, L cross, Diagonal back R, Diagonal back L, R cross, L coaster, R fwd,
1/2 turn R back L, back R-L, 1/2 turn R
&1 2&3 [&] Step diagonally back R, [1] Cross L over R, [2] Step diagonally back R, [&] Step diagonally back L,
[3] Cross R over L
- Styling:** as you cross over on counts 1 and 3 open body to respective diagonals -
square up to 6.00 as you step back count 4 - 6.00
4&5 [4] Step back L, [&] Step R next to L, [5] Step forward L 6.00
6&7 [6] Step forward R, [&] Make 1/2 turn right stepping back L, [7] Step back R 12.00
8 & [8] Step back L, [&] Make 1/2 turn right stepping forward R 6.00
Easy option: [6&7] Step forward R-L-R , [8&] Run forward L-R

START AGAIN - HAVE FUN