

My Juice
32 Count, 4 Wall, High Beginner
Choreographer: Christina Yang (KOR) and Ann-Kristine Sandburg (NO) Apr 2019 Choreographed to: Juice by Lizzo

Start the dance after 32 counts

S1	Side, Cross, Side, Cross Hitch, Side Touch, Step With Bending Knee, Weight Change, 1/4 Turr To L With Hitch
1-2	RF side, LF cross over RF
3-4	RF side, LF cross hitch over RF
5-6	LF side touch, L heel down while bending L knee(Like a seat in chair)
7-8	Weight change to RF while both knee straightened, 1/4 turn to L with LF hitch
S2	Diagonal Back, Touch, Diagonal Back, Touch, 3 Times Of Forward Walks, Touch
1-2	LF diagonal backward, RF touch beside LF
3-4	RF diagonal backward, LF touch beside RF
5-8	LF forward, RF forward, RF touch beside LF
S3	Side, Cross Behind Point, Side Point, Hitch, Side, Behind, 1/4 Turn To L With Forward, Touch
1-2	Step RF to R side, Point LF behind RF(09:00)
3-4	Point LF toe out to L, Hitch LF in front of RF
5-6	Step LF to L side, Cross RF behind LF
7-8	1/4 turn to L stepping LF forward, Touch RF next to LF(06:00)
S4	Toe Struts, Rock, Recover, 1/4 Turn To R With Side, Cross
1-2	Touch R toe diagonal forward to R, Step RF heel down
3-4	Touch L toe diagonal forward to L, Step LF heel down
5-6	Step RF forward rock, Recover onto LF
7-8	Turn to 1/4 R with stepping RF to R side, Cross LF over RF

NO TAG, NO RESTART







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