

## **Lonely Blues**

64 Count, 4 Wall, Improver Choreographer: Rachael McEnaney-White (UK/USA) April 2019

Choreographed to: Mr. Lonely by Midland (approx 150bpm)

24 counts intro, from start of track, dance begins on vocals

<b>1-8</b> 1 2 3 4 5 6 7 8	R heel, R close, L heel, L close, R forward point, R side point, R touch, R kick [1] Touch R heel forward, [2] Step R next to L, [3] Touch L heel forward, [4] Step L next to R 12.00 [5] Point R toe forward, [6] Point R to right side, [7] Touch R next to L, [8] Kick R to right diagonal 12.00
<b>9-16</b> 1 2 3 4 5 6 7 8	R behind, L side, R cross, L kick, L behind, 1/4 turn R, L forward, R brush [1] Cross R behind L, [2] Step L to L side, [3] Cross R over L, [4] Kick L to L diagonal 12.00 [5] Cross L behind R, [6] Make 1/4 turn right stepping forward R, [7] Step forward L, [8] Brush R next to L (weight L) 3.00
<b>17-24</b> 1 2 3 4 5 6 7 8	R forward, L touch, L back, R kick, R back, L close, R forward, L brush [1] Step forward R, [2] Touch L next to R, [3] Step back L, [4] Kick R forward 3.00 [5] Step back R, [6] Step L next to R, [7] Step forward R, [8] Brush L forward 3.00
<b>25-32</b> 1 2 3 4 5 6 7 8	L cross, R side, L behind, R side, L jazz box cross [1] Cross L over R, [2] Step R to right side [3] Cross L behind R [4] Step R to right side 3.00 [5] Cross L over R, [6] Step back R, [7] Step L to L side, [8] Cross R over L 3.00
33-40	L side, R heel-toe-heel swivels in, Twist heels R, Twist toes R, Twist heels R with 1/4 turn L,
1234	L hook [1] Step L to L side, [2] Swivel R heel in towards L, [3] Swivel R toe in towards L, [4] Swivel R heel in towards L 3.00
5 6 7 8	[5] Twist both heels right, [6] Twist both toes right 3.00 [7] Twist both heels right as you make 1/4 turn L, [8] Hook L in front of R shin 12.00
41-48	L forward, 1/2 turn L hitching R, R back, 1/4 turn L hitching L, L side, R close, L forward,
12 34 5678	R touch [1] Step forward L, [2] Make 1/2 turn L on L ball as you hitch R knee 6.00 [3] Step back R, [4] Make 1/4 turn L on R ball as you hitch L knee 3.00 [5] Step L to L side, [6] Step R next to L, [7] Step forward L, [8] Touch R next to L 3.00
<b>49-56</b> 1 2 3 4	R diagonal steps forward x2, L touch, L diagonal steps back x2 [1] Step R diagonally forward, [2] Step L next to R, [3] Step R diagonally forward, [4] Touch L next to R 3.00
5678	[5] Step L diagonally back, [6] Step R next to L, [7] Step L diagonally back, [8] Touch R next to L 3.00
57-64	R diagonal back, L touch, L diagonal back, R touch, R back, L close, R forward stomp,
1234	L stomp next to R [1] Step R diagonally back, [2] Touch L next to R (Clap op'on), [3] Step L diagonally back, [4] Touch R next to L (Clap op'on) 3.00
5678	[5] Step back R, [6] Step L next to R, [7] Stomp R forward, [8] Stomp L next to R 3.00
Start again, Have fun	

**Ending** The last wall begins facing the back, dance the first 14 counts then instead of stepping forward L on count 7 make a further 1/4 turn right stepping L to left side, then step R to right side on count 8 taking hands up...ta-da!

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