



Dig Deep

32 Count, 4 Wall, Improver
Choreographer: Tina Argyle, Hayley Wheatley &
Robert Lindsay (UK) March 2019
Choreographed to: Dig Deep By Paul Carrack
(From The Hollywood Sessions)

S1 SIDE STEP, CROSS ROCK, RECOVER, SAILOR STEP ¼ TURN, SKATE, SKATE, TRIPLE STEP FORWARD

- 1-2-3 Step RF to R side, Cross rock LF over RF, Recover onto RF
4&5 Sweep LF around while making ¼ turn L and stepping back onto LF, Step RF to R side, Step LF to L side (9:00)
6-7 Skate RF forward, Skate LF forward
8&1 Step forward on RF, Close LF beside RF, Step forward on RF

S2 ROCK FORWARD, RECOVER, BACK LOCK STEP, TOUCH RIGHT TOE BACK, ½ TURN RIGHT, STEP FORWARD, PIVOT ¼ TURN, CROSS

- 2-3 Rock forward onto LF, Recover onto RF
4&5 Step back on LF, Lock RF over LF, Step back onto LF
6-7 Touch R toe back, Make 1/2 turn R stepping onto RF (3:00)
8&1 Step forward onto LF, Pivot ¼ turn R, Cross LF over RF (6:00)

S3 PRESS TO CORNER, RECOVER, BEHIND SIDE CROSS, SWAY, SWAY, BEHIND TURN STEP

- 2-3 Press ball of R foot diagonally to R corner, recover onto LF (If you don't want to press then just rock RF to R corner)
4&5 Step RF behind LF, Step LF to L side, Cross RF over LF
6-7 Sway hips L while stepping LF to L side, Sway hips R (while taking weight onto RF)
8&1 Step LF behind RF, Make ¼ turn R stepping onto RF, Step forward onto LF (9:00)

S4 STEP FORWARD, HALF TURN TAP, TRIPLE STEP 1/2TURN, ROCK BACK, RECOVER, STEP PIVOT ½ TURN

- 2-3 Step forward onto RF, Make ½ turn L while tapping L toe forward (with L knee slightly bent) (3:00)
4&5 Triple Step ½ turn R stepping L, R, L (9:00)
6-7 Rock back onto RF, Recover onto LF
8& Step forward onto RF, Pivot ½ turn L (3:00)



www.linedancerweb.com



[@LinedancerHQ](https://twitter.com/LinedancerHQ)



contact@linedancerweb.com



, 166 Lord Street, Southport, United Kingdom, PR9 0QA

Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 charged at 10p per minute

Why not join us for your next line dancing holiday visit www.KingsHillDanceHolidays.com