
Notes: 48 count intro from the start of the song, start on the word 'Sweatin'

[1-8] Step Side, Touch, Step Side, Touch, Side, Together, Fwd, Mambo 1/4 Turn, Lock Shuffle Fwd

1&2& Step R to R side, Touch L next to R, Step L to L side, Touch R next to L

3,&4 Step R to R side, Step L next to R, Step R fwd on R 45 (facing 1.00)

5&6 Rock L fwd, Replace weight back on R, 1/4 turn L step L fwd (9.00)

7&8 Step R fwd, Lock step L behind R, Step R fwd

[9-16] 1/4 Paddle Turn, Step Fwd, 1/2 Pivot Turn, Step Fwd, Mambo Step, Kick Fwd, Coaster Step

1&2 Step L fwd, 1/4 paddle turn R, Step L fwd (12.00)

3&4 Step R fwd, 1/2 pivot turn L, Step R fwd (6.00)

5&6& Rock L fwd, Replace weight back on R, Step L slightly back, Kick R fwd

7&8 Step R back, Step L next to R, Step R fwd

[17-24] Step Side Swap Hips, Swap Hips, Side Shuffle - Repeat

1,2 Step L to L side sway/push hips to L, Sway/push hips to R (weight on R)

3&4 Side Shuffle L – Step L to L, Step R next to L, Step L to L side (weight on L)

5,6 Sway/push hips to R, Sway/push hips to L (weight on L)

7&8 Side Shuffle R – Step R to R side, Step L next to R, Step R to R side (weight on R)

[25-32] Cross Samba x2, Full Turn Cross Ball Step (Gallop around)

1&2 L Cross Samba – Step L across R, Step R to R side, Step L in place (moving slightly forward)

3&4 R Cross Samba – Step R across L, Step L to L side, Step R in place (moving slightly forward)

5&6& Step L across R, 1/4 turn L step on ball of R, Step L slightly across R, 1/4 Turn L step on ball of R

7&8 Step L across R, 1/4 turn L step on ball of R, 1/4 Turn L step L slightly fwd

[33-40] Mambo Step x2, Step Side, Together, Step Back, Step Side, Together, Step Fwd

1&2 R Mambo Fwd – Rock R fwd, Replace weight back on L, Step R back

3&4 L Mambo Back – Rock L back, Replace weight fwd on R, Step L fwd

5&6 Step R to R side, Step L next to R, Step R back whilst dragging L towards R

7&8 Step L to L side, Step R next to L, Step L fwd

[41-48] Mambo Step, Lock Shuffle Back, Together, Touch Fwd, Step Back, Touch Fwd, Step Back, Step Fwd, Touch

1&2 R Mambo Fwd – Rock R fwd, Replace weight back on L, Step R back

3&4 Step L back, Lock R over L, Step L back

&5&6 Step R back, Touch L toe fwd, Step L back, Touch R toe fwd

&7,8 Ball step L next to R, Step L fwd, Touch R toe next to L (weight on L)

TAG – End of Wall 2 – you will be facing the 12.00 wall.

Do the first 2 counts of the dance and start again

FINISH – Wall 6

Dance to count 28 then do a 1/2 Turning Gallop for 7&8 to finish at the front wall.

