

FORWARD SHUFFLE , FORWARD, ARM SWAYS FORWARD & BACK, BACK SHUFFLE, BACK, FORWARD, SPREAD ARMS TO SIDES ON STEP BACK, TURN HEAD L

1&2.3.4 Step R Forward, Step L Next To R, Step R Forward, Step L Forward & Do The Below On Beats 3, 4, Arms Movements; Bring Arms From Sides, Push Arms Forward, Over Head As You Lean Forward Touch Fingers Tog-, Spread Arms To Sides Place Hands To Sides Palms Up, Recover Weight On R

5&6.7.8 Step L Back, Bring R Next To L, Step L Back, Step R Back, Spread Arms Out To Sides Lean Back Spread Fingers Out Palms Facing Up, Turn Head To L Side, Little Kick With L Forward, Recover Weight Forward Onto L, (To Start ½ Shuffle Turn L)

½ SHUFFLE TURN L, BACK, FORWARD, ½ SHUFFLE TURN R, BACK, FORWARD,

1&2.3.4 ½ Turning Shuffle To L On R, L, R, Step L Back, Step R Forward (Slow Shuffle Turns)

5&6.7.8 1/2 Turning Shuffle To R On L, R, L, Step R Back, Step L Forward (Slow Shuffle Turns)

MAMBO FORWARD, HOLD, MAMBO BACK, HOLD, 1/2 PIVOT TURN L, L SHUFFLE FORWARD

1&2.3&4 Step R Forward, Step L In Place, Step R Next To L, Hold Step L Back, Step R In Place, Step L Next To R, Hold

5&6.7&8 Step R Forward, Turn Body ½ To L, Step L In Place Step, Step R Forward Shuffle Forward On L, R, L

MOVING FORWARD UP THE FLOOR, SIDE, STEP FORWARD, CROSS, SIDE, FORWARD, CROSS, MOVING FORWARD UP THE FLOOR, SIDE, STEP FORWARD, CROSS, SIDE, FORWARD, CROSS

1&2.3&4 Moving Forward Up The Floor, Step R To R, To R, Step L Forward (Moving Forward) Step R Across L (Moving Forward), Step L To L, To L, Step R Forward (Moving Forward) Step L Across R (Moving Forward)

5&6.7&8 Moving Forward Up The Floor, Step R To R, To R, Step L Forward (Moving Forward) Step R Across L (Moving Forward), Step L To L, To L, Step R Forward (Moving Forward) Step L Across R (Moving Forward)

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