



No Sleep

32 Count, 4 Wall, Intermediate
Choreographer: Guy Dubé & Serge Légaré
Choreographed to: No Sleep by Vanotek feat Minelli

16 counts intro

1-8 1/4 TURN L and SIDE TOUCH, TOUCH TOGETHER, STEP SIDE, ROCK BACK, SIDE CROSS, SIDE TOUCH, CROSS SAMBA

1&2 1/4 turn to left and touch R to side, touch R together L, step R to side
3&4 Cross rock L behind R, recover on R, step L to left
5-6 Cross R behind L, touch L to side
7&8 Cross L over R, rock side R, recover on L

9-16 CROSS, SWEEP, CROSS, BACK, 1/4 TURN L and STEP SIDE, 2X SWAY, CROSS, SIDE

1-2 Cross R over L, sweep point L in half-circle to outside from back toward front
3&4 Cross L over R, step R back, 1/4 turn to left and step L to side
5-6 Hips sways to right and left for 2 counts
7-8 Cross R over L, step L to side

17-24 CROSS SAMBA, CROSS, TOUCH, SAILOR STEP in 1/2 TURN R, CROSS, SWEEP in 1/4 TURN L

1&2 Cross R over L, rock side L, recover on R
3-4 Cross L over R, touch R to side
5&6 Cross R behind L, step L on place in 1/2 turn R, step R forward
7 Cross L over R
8 Sweep point R in half-circle to outside from back to front in 1/4 turn to left

25-32 CROSS, MONTEREY TURN in 1/4 TURN L, SYNCOPATED JAZZ BOX in 1/4 TURN R, HITCH

1 Cross R over L
2-3-4 Touch L to side, 1/4 turn to left and step L together R, touch R to side
5&6 Cross R over L, step L back, 1/4 turn to right and step R to side
7-8 Step L forward, raise R knee

Restart At the 5th repetition of the dance (face to 12:00) do the first 16 counts and Restart from the top (face to 6:00)

Tag At the 11th repetition of the dance (face to 3:00) Walk D,G,D,G forward on words "walking the night" and restart the dance from the top (face to 3:00).

Ending 1/4 turn to right and touch R to side.



www.linedancerweb.com



[@LinedancerHQ](https://www.facebook.com/LinedancerHQ)



contact@linedancerweb.com



, 166 Lord Street, Southport, United Kingdom, PR9 0QA

Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768^{charged at 10p per minute}

Why not join us for your next line dancing holiday visit www.KingsHillDanceHolidays.com
