

Intro: 32 counts including all (16 counts of regular music)

1-8 Jump Heel Drops, Coaster, Stationary Pivot (Break Turn)

&1-4 On the & before 1 with weight on R jump forward landing feet together with knees at a slight diagonal to the right – land on 1 with a heel drop (both), lift & drop heels 2,3 hold 4 but make sure weight is on L.

5&6,7,8 Back Coaster by stepping back R, together L, forward R, $\frac{3}{4}$ Stationary pivot turn (break turn) to the right by stepping forward L, turn $\frac{1}{2}$ turn to right and step on R. (when you do this it will really feel like $\frac{3}{4}$ of a turn on the pivot because you need the extra $\frac{1}{4}$ turn to start the next step)

9 - 16 Side Slide & Drag, Knee Roll Turn, Stationary Pivot (Break Turn)

1,2,3,4 Turning $\frac{1}{4}$ turn to right Take a big step side L and drag R toward L on counts 2-4 with weight ending on L ball of foot.

5,6,7,8 Knee Roll to right by opening up knee to right causing you to turn $\frac{1}{4}$ turn to the right and then tap L together with R and do a stationary $\frac{3}{4}$ Pivot turn to the right by stepping forward L and $\frac{1}{2}$ turn to right stepping on R (when you do this it will really feel like $\frac{3}{4}$ of a turn on the pivot because you need the extra $\frac{1}{4}$ turn to start the next step)

17-24 Side Step Taps, Sailor Step, Turning Sailor

&1&2&3,4 Turning $\frac{1}{4}$ turn to right Step side L, tap together R, step side R, tap together L, step side L, tap together R, Hold.

5&6,7&8 Sailor step by cross & step R behind, step side L, step side R, Turning Sailor by crossing & stepping L behind R with a slight turn to left, then step side R with slight turn to left, then finish $\frac{1}{2}$ turn to left by stepping forward L

25-32 Kick Ball Stand, Knee Pops, Body or Hip Roll, Stationary Pivot (Break Turn)

1&2,3,4 Kick R, step on ball of R, and step forward L with weight on both feet. Knee pop twice by dropping into knees slightly and quickly on 3,4.

(5-8) Putting weight onto R foot (back foot) body roll down 5,6 or do hip roll to right 5,6 ending with weight on R. Pivot Turn (Break) by stepping forward L, turn $\frac{1}{2}$ turn to right and step forward onto R.

Repeat.

Restart: (During the 5th time through the dance do 16 counts and then restart on the wall you are facing (6:00))
