

Track: 3:15mins

Intro: 16 counts

Section 1: Kick, Cross, Back, 3/8, Spiral Full Turn R, Run-Run, Fwd Rock, Back, Back With Sweep, Behind, 1/8 Side

- 1 & Low ronde kick R forward around from back to front (1), cross R over L (&
2 & Step back on L starting to make turn R opening body to R diagonal (2),
complete 3/8 turn R stepping forward on R (&) [4:30]
3 Step forward on L making a full spiral turn R [4:30]
4 & "Run" small step forward on R (4), "Run" small step forward on L (&
5 6 Rock forward on R (5), recover on L (6)
& 7 "Run" small step back on R (&), "Run" small step back on L sweeping R around from front to back (7)
8 & Cross R behind L (8), 1/8 turn L stepping left to left side (&) [3:00]

Section 2: Cross Rock & Cross, 1/4 L, 1/4 L, Cross Rock & Cross, Side, Back Rock

- 1 2 Cross rock R over L (1), recover on L (2)
& 3 Step R to R side (&), cross L over R (3)
4 & 1/4 turn L stepping back on R (4), 1/4 L stepping L to L side (&) [9:00]
5 6 Cross rock R over L (5), recover on L (6)
& 7 & Step R to R side (&), cross L over R (7), step R to R side (&
8 & Cross rock L behind R (8), recover on R (&)

Section 3: 1/8 Walk, Push, 1/2, 1/4 Side Rock, Cross Rock & Cross Rock, Side Rock

- 1 1/8 turn L walk forward on L (1) [7:30]
2 3 Push forward on R opening body to L (2), recover on L making 1/2 turn L with
weight ending on L (3) [1:30]
4 & 1/8 turn L rocking R to R side (4), recover on L (&) [12:00] **Restart (Wall 3&5)
5 6 & Cross rock R over L (5), recover on L (6), step R to R side (&
7&8& Cross rock L over R (7), recover on R (&), rock L to L side (8), recover on R (&)

Section 4: Behind With Sweep, Sailor 1/4 R, Run-Run-Run With Sweep, Press, Hitch, Behind, Side

- 1 Cross L behind R sweeping R around from front to back (1)
2 & 3 Cross R behind L (2), 1/4 turn R stepping L next to R (&), step forward on R (3) [3:00]
4 & 5 1/4 turn L stepping forward L (4), 1/4 turn L stepping R next to L (&), 1/4 turn L step forward on
L sweeping R around from back to front (5) [6:00]

Note: Counts 4&5 create a semi-circular arch turn

- 6 7 Press forward on R slightly across L (6), recover on L hitching R around from front to back (7)
8 & Cross R behind L (8), step L to L side (&)

***Tag:** At the end of Wall 1, facing [6:00] add:

Tag: Cross Rock & Cross Rock &

- 1 2 & Cross rock R over L (1), recover on L (2), step R to R side (&
3 4 & Cross rock L over R (3), recover on R (4), step L to L side (&)

****Restart:** After 20 counts during Wall 3: facing [12:00] & Wall 5: facing [6:00]
Dance up-to & including counts "4&" of Section 3 then Restart from the beginning.

*****Ending:** The dance ends facing [6:00] after the 32 counts of Wall 7.

Add the following to end facing [12:00]:

- 1 Hinge 1/2 turn L stepping R to R side (1) [12:00]

I hope you enjoy this beautiful piece of music x

Updated: 30.01.19

