

Uprising

32 Count, 4 Wall, Beginner Choreographer: Julie Snailham (Es) January 2019 Choreographed to: Uprising by Muse

.com

40 count intro, on this version which the dance is choregraphed to.

S1 STEPS FORWARDS WITH BRUSHES

- 1-2 Step forward on R, brush L forward
- 3-4 Step down on L, brush R forward
- 5-6 Step down on R, brush L forward
- 7-8 Step down on L, brush R forward

S2 WALKS BACK WITH TOUCH, GRAPEVINE LEFT WITH TOUCH

- 1-2 Step back on R, step back on L
- 3-4 Step back on R, touch L beside R
- 5-6 Step L to L side, step R behind L
- 7-8 Step L to L side, touch R next to L

S3 GRAPEVINE RIGHT TURNING 1/4 RIGHT TOUCH, LEFT V STEP WITH TOUCH

- 1-2 Step R to R side, step L behind R
- 3-4 Step R to R side turning ¼ R, touch L next to R
- 5-6 Step forward and out on L, step forward and out on R
- 7-8 Step back on L, touch R next to L

S4 RIGHT V STEP, RIGHT ROCKING CHAIR

- 1-2 Step forward and out on R, step forward and out on L
- 3-4 Step back on R, step back on L next to R
- 5-6 Rock forward on R, recover on L
- 7-8 Rock back on R, Recover on L

Live, Love, Dance

Note Dance without the ¹/₄ turn R at Section 3 to make a one wall dance for AB Dancers

www.linedancerweb.com 💶 @LinedancerHQ ڂ contact@linedancerweb.com
, 166 Lord Street, Southport, United Kingdom, PR9 0QA
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 charged at 10p per minute
Why not join us for your next line dancing holiday visit www.KingsHillDanceHolidays