











Sweet, And Mentally Insane 64 Count, 2 Wall, Intermediate

64 Count, 2 Wall, Intermediate Choreographer: Will Craig (January 2019) Choreographed to: Sweet But Psycho by Ava Max

32 Count Intro

1 2 3&4 5 6 7&8 Styling	Side Step Hold, Sailor Step, Hold Hold Behind Side Cross Step R to right side (1) Hold (2) Step L behind R (3) Step R to right side (&) Step L to left side (4) Hold (5) Hold (6) Step R behind L (7) Step L to left side (&) Cross R over L (8) for the 6 O'clock Wall. For count 5 place both hands up beside head and rotate head and hands clockwise count 6 Rotate again.
1 2 3 4 5 6& 7 8&	Side Step Hold, Rock Recover, Rock Ball Rock Recover Step L to left side (1) Hold (2) Rock R back (3) Recover weight to L (4) Rock R forward (5) Recover weight to L (6) Step R next to L (&) Rock L forward (7) Recover weight to R (8) Step L next to R (&)
1 2 3&4 5 6 7&8	Step 1/4 Turn, Cross and Cross, 1/4 Turn, 1/4 Turn, Cross and Cross Step forward R (1) Make 1/4 left putting weight on L (2) (9:00) Cross R over L (3) Step L to left side (&) Cross R over L (4) Make 1/4 turn right stepping L back (5) Make 1/4 right stepping R to right side (6) (3:00) Cross L over R (7) Step R to right side (&) Cross L over R (8)
1 2 3&4 5 6 7&8	Rock Recover, Behind Side Cross, Rock Recover Behind Side Cross Rock R to right side (1) Recover weight to L (2) Step R behind L (3) Step L to left side (&) Step R over L (4) Rock L to left side (5) Recover weight to R (6) Step L behind R (7) Step R to right side (&) Step L over R (8)
1 2 3 4 5 6 7 8	Step Forward and Drag, Step Forward Drag, Rock Recover, Coaster Step Step R forward and slightly to right side (1) Drag L next to R (2) Step L forward and slightly to left side (3) Drag R next to L (4) Rock R forward (5) Recover L (6) Step R back (7) Step L next to R (&) Step R forward (8)
1 2 3 4 5 6 7 8 Styling	Step Forward and Drag, Step Forward Together, Knee Pop Walks X 4 Step L forward and slightly to left side (1) Drag R next to L (2) Step R forward and slightly to right side (3) Drag L next to R and put weight on L (4) In an Arc: Step R forward popping L knee forward (5) Step forward L popping R knee forward (6) In an Arc: Step R forward popping L knee forward (7) Step forward L popping R knee forward (8) (9:00) for 6 O'clock wall. Counts 5,6,7,8. Make them in the same arc a running motion.
1 2 3&4 5 6 7&8	Rock, Recover, Triple Back, 1/4, 1/4, Triple Forward Rock R Forward. (1) Recover weight to L (2) Step R back popping L knee (3) Step L next to R (&) Step R back popping L knee Make 1/4 turn left Stepping L to left side (5) Make 1/4 turn left stepping R forward (6) (3:00) Step L forward (7) Step R next to L (&) Step L forward (8)

Begin again

12

3&4 5 6

7&8

Restart on wall 5 dance to count 48 Instead of 1/2 arc make it a 3/4 and Restart on the 6 O'clock wall

Rock Recover, Coaster Step, Step Turn, Cross and Cross

Step L forward (5) Make 1/4 turn right putting weight to R (6) (6:00) Cross L over R (7) Step R to right side (&) Cross L over R (8)

Step R back (3) Step L next to R (&) Step R forward (4)

Rock R forward (1) Recover to L (2)