



## Girl I Lose It

32 Count, 4 Wall, Intermediate  
Choreographer: Phyllis Manier (November 2018)  
Choreographed to: Lose It by Kane Brown

16 count intro

### Heel and Heel and Heel Jacks x2 and cross turn

1&2& Right heel out & home Left heel out & home  
3&4& Cross Right over left and step left right heel out & right home  
5&6& Cross Left over right and step right left heel out & left home  
7-8 Cross Left / right ½ Turn turning left (6:00)  
**Restart** here wall 2

### Cross Rocking chair x2 , Cross side behind, Step turn, turn touch

1&2&3&4 Cross Rock right over left & back left x2  
&5&6 Cross left over right step side right, behind left, ¼ turn right step forward right  
7-8 Step forward Left , ½ turn right touch right toe in front  
**Restart** here wall 4

### Step Lock Step Brush x2, Mambo Step, skate back Right, Left

1&2& Step forward right, step left behind, forward right and brush left  
3&4& Step forward left, step right behind, forward left and brush right  
5&6 Mambo forward, Right left right  
7-8 Skate back Left ,Right

### Coaster step, Turning Hip bumps, Step turn

1&2 Left back together forward  
3&4 Hips bumps to right stepping forward right ¼ turn  
5&6 Hips bumps to left stepping forward left ¼ turn  
7-8 Step forward right ¼ turn turning left

**Restart**

**Note** This dance starts on 12:00 and 6:00 2 wall but changes to 3:00 and 9:00 with the second Restart.