



The dance begins on the singing

### **Heel Grind Turning ¼ R, Coaster Step, Rock Forward, ¼ Turn L/Chassé L**

- 1-2 Step forward with RF, just put on the heel (toes pointing left) - ¼ Turn right around and step back with left (turn toes pointing right) (3 o'clock)  
3&4 Step back with RF, LF beside RF, step forward with RF  
5-6 Step forward with LF, lift RF slightly up - weight back on the RF  
7&8 ¼ Turn to the left and step with LF to the left (12 o'clock) - RF beside LF and step with LF to the left

**Restart** In the 3rd round - direction 12 o'clock - stop here and start again

**Restart** In the 5th and 8th round - direction 6 o'clock – stop here and start again

### **Cross, Side, Sailor Step, Cross, Side, Behind-Side-Cross**

- 1-2 Cross RF over LF - step with LF to left  
3&4 Cross RF behind LF - Step with LF to left and weight back on the RF  
5-6 Cross LF over RF – step with RF to right  
7&8 Cross LF behind RF - step with RF to right, cross LF over RF

### **Figure of 8 Vine Turning ¼ L**

- 1-2 Step RF to right, cross LF behind RF  
3-4 ¼ Turn right and step forward with RF (3 o'clock) - step forward with LF  
5-6 ½ Turn right on both bales, weight at end right - ¼ Turn right and step with LF to left (12 o'clock)  
7-8 Cross RF behind left - ¼ Turn left and step LF to left (9 o'clock)

### **Chassé R, ¼ Turn L/Rock Back, Step, Lock, Locking Shuffle Forward**

- 1&2 Step with RF to right, LF beside RF, step with RF to right  
3-4 ¼ Turn left and step back with LF, lift RF (6 o'clock) - Weight back on the RF  
5-6 Step forward with LF- cross RF behind LF  
7&8 Step forward with LF- cross RF in behind LF and step forward with LF

**Repeat until the end**

And don't forget to smile, because dancing is fun