

California Cha

32 Count, 4 Wall, Improver Cha Cha

Choreographer: Niels Poulsen (DK) Dec 2012

Choreographed to: California Dreamin by The Mamas and Papas.

Intro: 16 count intro from first beat in music, app. 8 seconds into track. Start with weight on L foot
Note: No tags – no restarts!!!

S1 [1 – 9] Side R, 1/8 R into L rock fw, L coaster step, R rock fw, 1/8 R into chase ¼ R

1 – 3 Step R to R side (1), turn 1/8 R rocking L fw (2), recover back on R (3) 1:30

4&5 Step back on L (4), step R next to L (&), step L fw (5) 1:30

6 – 7 Rock R fw (6), recover back on L (7) 1:30

8&1 Turn 1/8 R stepping R to R side (8), step L next to R (&), turn ¼ R stepping fw on R (1) 6:00

S2 [10 – 17] L rocking chair, step L fw, fw R, ½ L, R kick ball touch

2 – 3 Rock L fw (2), recover back on R (3) 6:00

4&5 Rock back on L (4), recover fw on R (&), step L fw (5) 6:00

6 – 7 Step R fw (6), turn ½ L stepping onto L foot (7) 12:00

8&1 Kick R foot fw (8), step back on R (&), touch L foot slightly fw bending in L knee (1) 12:00

S3 [18 – 25] L together, walk R, walk L 1/8 R, 1/8 R into R lock step, fw L, ½ R, L lock step

&2 – 3 Step L next to R (&), walk R fw (2), turn 1/8 R walking L fw (3)

Note: The Mamas and Papas are singing: I've been for a walk... 1:30

4&5 Turn 1/8 R stepping R fw (4), lock L behind R (&), step R fw (5) 3:00

6 – 7 Step L fw (6), turn ½ R stepping onto R (7) 9:00

8&1 Step L fw (8), lock R behind L (&), step L fw (1) 9:00

S4 [26 – 32] Rock R fw, recover sweep, behind side cross, side L, touch, start of R chase

2 – 3 Rock R fw (2), recover weight back on L sweeping R back (3)

Styling: make your R rock step diagonally fw L to add more power to recover step with sweep... 9:00

4&5 Cross R behind L (4), step L a small step to L side (&), step R slightly in front of L (5) 9:00

6 – 7 Step L to L side (6), touch R next to L (7) 9:00

8& Step R to R side (8), step L next to R (&)

OPTION: if you like to turn you can choose to make a rolling vine on counts 8&1 9:00

BEGIN AGAIN and... SING A LONG!!!

Ending You automatically end facing 12:00 on wall 9 when doing your kick ball touch fw.? 12:00

Music download available from

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