



**Intro: 16 counts**

**Rock Forward, Recover & Heel, Down, Rock Forward, Recover, 1 ½ Triple Turn.**

- 1, 2 Rock right forward, recover onto left.  
& 3, 4 Step right next to left, touch left heel forward, step left toe down.  
5, 6, Rock right forward, recover onto left.  
7 & 8 ½ turn right stepping right forward, ½ turn right stepping left back, ½ turn right stepping right forward.  
**(Non turning option - ½ turning shuffle right)**

**Rock Forward, Recover, Lock Back, ¼, Cross, ½ Hinge Turn.**

- 1, 2 Rock left forward, recover onto right.  
3 & 4 Step left back, step right across left, step left back.  
5, 6 ¼ turn right stepping right forward, step left across right.  
7, 8 ¼ turn left stepping right back, ¼ turn left stepping left forward.

**\*Restart wall 3\***

**Cross & Behind & Cross Rock, Recover, & Cross & Behind & Cross Rock, Recover.**

- 1 & 2 Step right over left, step left to left side, step right behind left.  
& 3, 4 Step left to left side, cross rock right over left, recover onto left.  
& 5 & 6 Step right to right side, step left over right, step right to right side, step left behind right.  
& 7, 8 Step right to right side, cross rock left over right, recover onto right.

**(&) Step, Pivot ½, ½ Shuffle, Coaster, Rock Forward, Recover.**

- & 1, 2 Step left to left side, step right forward, pivot ½ left.  
3 & 4 ½ Shuffle turn left, stepping right, left, right.  
5 & 6 Step left back, step right next to left, step left forward.  
7, 8 Rock right forward, recover onto left.

**Jump Back, Knee Pump, Rock Back, Recover.**

- & 1 Step right back, step left back.  
& 2 Lift both heels up knees slightly bent, step down on both heels taking weight onto left.  
3, 4 Rock right back, recover onto left.

**\*Restart on wall 3 after count 16.**