



## My Only One No Hay Nadie Mas

32 Count, 2 Wall, Improver

Choreographer: Montse Garres y Miguel Ángel Sanjuán

Choreographed to: My Only One (No Hay Nadie Mas)

by Sebastian Yatra Ft. Isabela Moner

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### 1 **DIAGONALLY WALK FORWARD R-L, SHUFFLE R , ROCK FORWARD L, PIVOT, ½ TURN L, STEP L FWR, ¾ TURN L**

1-2 Walk diagonally step forward RF, step forward LF. (1:30)

3-4 Step forward RF, step LF next RF, step RF forward

5-6 Step LF forward (Rock), return RF weight swing back

7-8 Turn ½ turn to the L, turn ¾ full turn to the L (11:30)

### 2 **DIAGONALLY WALK FORWARD L-R, SHUFFLE L, ROCK FORWARD R, PIVOT, ½ TURN R, ⅛ TURN R, STEP L FORWARD**

9-10 Walk diagonally step forward LF, step forward RF. (11:30)

11-12 Step forward LF, step RF along LF, step LF forward

13-14 Step RF forward (Rock), return weight LF swing back

15-16 ½ turn to the R & turn ⅛ turn to the R, step forward to the L (6:00)

**Restart** 5<sup>th</sup> wall

### 3 **WALK FORWARD R-L, ROCK PIVOT INTO BODYROLL R, ½ TURN R, FULL TURN R, SHUFFLE R**

17-18 Step forward RF, step forward LF

19-20 Step forward LF, step forward RF & perform body movement from top to bottom (body roll).

21-22 ½ turn to the R, turn entire turn to the R

23-24 Step forward RF, step LF next RF, step forward RF

### 4 **ROCK PIVOT L, ½ TURN L STEP FORWARD L, SWEEP (Low) R TO L, STEP SIDE L TO L, HIP SWAYS (BUMB)**

25-26 Step forward LF (Rock), return the LF weight

27 Turn ½ turn to the L, step forward to the L,

28&29 Sweep RF and cross in front LF (2 times).

30 Step LF to L

31-32 Rocking to the R, shifting the weight on the RF, swinging the weight on the LF

**Start again, enjoy & have fun**

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