



Break Your Heart

32 Count, 2 Wall, Improver

Choreographer: Grant Stanley & Emily Drydale (UK)

October 2018

Choreographed to: Break Your Heart by
BAMR ft. Caitlyn Vanbeck

Start when heavy beat kicks in - 17 Seconds

1-8 SIDE, BACK ROCK, SIDE, BACK ROCK, SHUFFLE FORWARD, STEP ¼ CROSS

- 1,2& Step Right, Step back on Left, Recover l'm Right
- 3,4& Step Left, Step back on Right, Recover on Left
- 5&6 Step forward on Right, Step Left together, Step Right forward
- 7-8 Step forward on Left, Make ¼ Right, Cross Left over Right

9-16 SHUFFLE ¼ TURN, MAMBO FORWARD, TRIPLE ¾ TURN, SHUFFLE FORWARD

- 1&2 Step Right to Right side, Step Left together, Step Right to Right side making ¼ turn right
- 3&4 Rock forward on Left, Recover on Right, Step Left Together
- 5&6 Make ¾ turn Right stepping Right Left Right
- 7&8 Step forward on Left, Step Right together, Step forward on Left

17-24 RIGHT MAMBO, WALK BACK, COASTER STEP, POINT, POINT

- 1&2 Rock forward on Right, Recover on Left, Step Right Together
- 3-4 Walk back Left then Right
- 5&6 Step Back on Left, Step Right Together, Step Forward on Left
- 7&8 Point Right out to Right Side, Right Together and Point Left to Left Side

25-32 STEP ¼, SHUFFLE ½, COASTER STEP, KICK BALL CHANGE, SIDE, TOGETHER

- 1 Step Forward on Left making 1/4 Turn Left
- 2&3 Make 1/2 turn Left stepping Right Left Right
- 4&5 Step Back on Left, Step Right Together, Step Forward on Left
- 6&7 Kick Right forward, Rock ball of R back; Recover onto L
- &8 Step Right to Right Side and Bring Left together

Start dance again, Happy Dancing

Music download available from iTunes