

Cajun Strut

32 count, 4 wall, beginner level

Choreographer: Anneke Stephenson (UK) June 2007

Choreographed to: Adalida by George Strait, CD:

Lead On

16 Count Intro

Double heel Double toe, Heel Toe Heel Toe

- 1 - 2 Touch right heel forward, touch right heel forward
- 3 - 4 Touch right toe backward, touch right toe backward
- 5 - 6 Touch right heel forward, Touch right toe back
- 7 - 8 Touch right heel forward, Touch right toe back.

Struts Right, Left, Right, Left

- 1 - 2 Touch right heel forward, Drop right toe
- 3 - 4 Touch left heel forward, Drop left toe
- 5 - 6 Touch right heel forward, Drop right toe
- 7 - 8 Touch left heel forward, Drop left toe.

Walk back Right, Left, Right, Left, Grapevine Right

- 1 - 2 Step right Back, Step left Back
- 3 - 4 Step right Back, Step left Back
- 5 - 6 Step right to right side, Step left behind right
- 7 - 8 Step right to right side, Touch left beside right.

Grapevine Left, Jazz Box 1/4 Turn Right

- 1 - 2 Step left to left side, step right behind left
- 3 - 4 Step left to left side, Touch right beside left
- 5 - 6 Cross right over left, Turn 1/4 right stepping left back
- 7 - 8 Step right to right side, Touch left beside right.

TAG

There is a small tag which appears at the beginning of walls 3 & 9 which enables the dance to remain within phrasing. You will have completed the Jazz box with a 1/4 turn, then add:

- 1 - 2 Touch right heel forward, close right foot next to left
- 3 - 4 Touch left heel forward, close left foot next to right

The dance then resumes from the beginning

Music download available from iTunes