

# You Deserve Better

64 Count, 2 Wall, Advanced Choreographer: Fred Whitehouse (Ire) August 2018 Choreographed to: You Deserve Better by James Arthur

40 Counts intro from start of track (appox:24 Seconds)

- 1-8 Step Sweep, Cross, Step Side, Heel Ball Step, ½ Turn Twist & Look, Touch x2
- 1,2& Step RF forward sweeping LF from back to front, Step LF over R, step RF to R side
- 3&4 Touch L heel to L diagonal, close LF next to R, step RF forward
- 5,6& Swivel both heels R making ½ turn L looking back over shoulder, recover heels back to centre placing weight on LF, step RF back to R diagonal
- 7&8 Touch LF next to R, step LF back to L diagonal, touch RF next to L

## 9-16 Push Step x2, Step, Out, Out, Swivel, Swivel Rise, Drop, Heel, Ball Step

- &1&2 Rock RF back diagonal, recover weight on to L, rock RF back diagonal, recover weight on to L (Push step, use the ball of the RF to Rock back)
- 3&4 Step RF forward diagonal, step LF to L side, step RF to R side squaring up to 12.00
- &5,6 Swivel both heels R, swivel toes R and rise up on ball of feet facing diagonal, recover weight on LF (1.30)
- 7&8 Touch R heel forward, close RF next to L, step LF forward

## 17-24 Sweep x2, Sailor 1/2 Turn R, Rock, Recover & Hitch, Weave

- 1,2 Step RF back sweeping LF from front to back, step LF back sweeping RF from front to back
- 3&4 Step RF behind L, ¼ turn R stepping LF to L side, ¼ turn R stepping RF forward
- 5,6 Rock LF forward, recover on R hitching L knee
- 7&8 Step LF behind R, 1/8 turn R stepping RF to R side, cross LF over R
- 25-32 <sup>3</sup>/<sub>4</sub> Box Turn, Ball Step, Slide Feet Apart, Drag Feet Back Together Making <sup>3</sup>/<sub>4</sub> Turn L, Place Weight On LF
- 1,2 Step RF to R side, ¼ turn L stepping LF to L side,
- 3,4 <sup>1</sup>/<sub>4</sub> turn L stepping RF to R side, <sup>1</sup>/<sub>4</sub> turn L stepping LF to L side
- Styling Pop Knees out on every ¼ Turn
- &5,6 Close RF next to L, step LF to L side, twist both heels & body ¼ turn R (Push feet further apart if possible)
- 7,8 Make <sup>3</sup>/<sub>4</sub> Turn L pulling LF towards RF (Pull feet back together making <sup>3</sup>/<sub>4</sub> turn) place weight on L
- Restart Here During Wall 4

#### 33-40 Walk R, L, Rock & Cross, ¼ Turn R x2, Rock, ¼ Turn R, Cross

- 1,2 Step RF forward, step LF forward
- 3&4 Rock RF to R side, cross RF over L
- 5,6 <sup>1</sup>/<sub>4</sub> turn R stepping LF back, <sup>1</sup>/<sub>4</sub> turn R stepping RF forward
- 7&8 Rock LF forward, ¼ turn R stepping RF to R side, cross LF over R

#### 41-48 Heel Switches x2, Double Heel Switch R, Sailor <sup>1</sup>/<sub>4</sub> Turn R, Triple Full Turn L

- 1&2& Touch R heel to R diagonal as you swivel L heel in, close RF next to L, touch L heel to L diagonal as you swivel R heel in, close LF next to R
- **Option** Touch R to R side, close R next to L, touch L to L side, close L next to R
- 3&4 Touch R heel to R diagonal as you swivel L heel in, touch RF next to L, touch R heel to R diagonal as you swivel L heel in
- Option Touch R to R side, touch R next to L, touch R to R side
- 5&6 Step RF behind L, step RF to R side, ¼ turn R stepping RF forward
- 7&8 Make full turn L stepping L, R, L (triple full turn, weight ending on LF)

#### 49-56 Camel Walks x4, Rock & Cross x2, Point RF to R Side

- 1,2 1/8 turn L stepping RF forward pop L knee, 1/8 turn L stepping LF forward pop R knee
- 3,4 1/8 turn L stepping RF forward pop L knee, 1/8 turn L stepping LF forward pop R knee facing 12.00 (on all pops, tap both hands on hips to hit the beat)
- 5&6 Rock RF to R side, recover on to L, cross RF over L
- &7 Rock LF to L side, recover on to R,
- &8 Cross LF over R, point RF to R side

#### 57-64 $\frac{1}{2}$ Turn L x2 (moon walk glides) & Lock, $\frac{1}{2}$ Turn L Unwind, Walk R ,L

- 1,2 Step RF forward pushing LF back, ½ turn L placing weight on LF
- 3,4 Step RF forward pushing LF back, <sup>1</sup>/<sub>2</sub> turn L placing weight on LF (1/2 turn moon walk glides)
- &5,6 Step RF forward, touch LF behind R, unwind ½ turn L placing weight on L
- 7,8 Step RF forward, step LF forward