



This Flower

64 Count, 4 Wall, Improver

Choreographer: Sandra Schuler (CH) August 2018

Choreographed to: This Flower by Kasey Chambers (158bpm)

Start after 16 counts

Step, Touch behind, Back, Kick, Slow Coaster Step, Hold

- 1,2 Step RF forward, touch L toe slightly back
- 3,4 Step LF back, kick RF forward
- 5,6 Step RF back, Step LF next to RF
- 7,8 Step RF forward, Hold

Side Rock, Back Rock, Step-Lock-Step, Hold

- 1,2 Rock LF to left side, Recover to RF
- 3,4 Rock LF back, Recover to RF
- 5,6 Step LF forward, Lock RF behind LF
- 7,8 Step LF forward, Hold

Side Rock, Cross, Hold, Side Rock ¼-Turn R, Step, Hold

- 1,2 Rock RF to right side, Recover to LF
- 3,4 Cross RF over LF, Hold
- 5,6 Rock LF to left side, ¼-Turn right and Recover to RF (3)
- 7,8 Step LF forward, Hold

Walk/Sweep Hold (R + L), Side Rock, Step, Hold

- 1,2 Step RF forward with a sweep, Hold
- 3,4 Step LF forward with a sweep, Hold
- 5,6 Rock RF to right side, Recover to LF
- 7,8 Step RF forward, Hold

Step, Touch behind, Back, Kick, Slow Coaster Cross, Hold

- 1,2 Step LF forward, touch R toe slightly back
- 3,4 Step RF back, kick LF forward
- 5,6 Step LF back, Step RF next to LF
- 7,8 Cross LF over RF, Hold

Weave (side-behind-side-cross), Side, Drag, Back Rock

- 1,2 Step RF to right side, Cross LF behind RF
- 3,4 Step RF to right side, Cross LF over RF
- 5,6 A longer Step to right side, drag LF to RF (don't set foot down)
- 7,8 Rock LF back, Recover to RF

Forward Rock, ¼-Turn I mit Side, Hold, Jazzbox

- 1,2 Rock LF forward, Recover to RF
- 3,4 ¼-Turn left and step LF to left side, Hold (12)
- 5,6 Cross RF over LF, Step LF back
- 7,8 Step RF to right side, Step LF forward

Side, Touch, Side Touch, ¼ Turn I mit Side, Touch, Side, Touch

- 1,2 Step RF to right side, touch L toe next to RF
- 3,4 Step LF to left side, touch R toe next to LF
- 5,6 ¼-Turn left and Step RF to right side, touch L toe to RF (9)
- 7,8 Step LF to left side, touch R toe next to LF