

## Ahead Of Myself

64 Count, 2 Wall, Intermediate Choreographer: Ria Vos (NL) August 2018 Choreographed to: Ahead Of Myself (The Knocks Remix) by X Ambassadors & The Knocks

#### 64 Counts intro (35 sec)

#### Sailor, Behind, Side, Cross, Side Rock, Cross Rock, Side, Point Behind

- 1&2 Step R Behind L, Step L to L Side, Step R to R Side
- &3-4 Step L Behind R, Step R to R Side, Cross L Over R
- 5& Rock R to R Side, Recover on L
- 6& Cross Rock R Over L, Recover on L
- 7-8 Step R Big Step to R Side, Point L Behind R (option: swing arms R, look R)

#### Vine ¼ L, Step, Lock, Step, Out-Out, Swivel, Bounce ¼ R

- 1&2 Step L to L Side, Step R Behind L, ¼ Turn L Step Forward on L
- &3-4 Step Forward on R, Lock L Behind R, Step Forward on R
- 5& Step L Forward and to L Side (out), Step R Forward and to R Side (out)
- 6& Swivel R Toe to R and L Heel to L, Recover
- 7-8 Bounce Heels Twice Turning ¼ Turn R (weight ends on L)

**Restart** here On wall 2 After count 16 (6:00)

# R Reverse Rocking Chair, Diagonal Back, Drag/Touch, L Reverse Rocking Chair, Diagonal Back, Drag/Touch

- 1&2& Rock Back on R, Recover on L, Rock Forward on R, Recover on L
- 3-4 Big Step R to R Back Diagonal, Drag L Towards R/Touch
- 5&6& Rock Back on L, Recover on R, Rock Forward on L, Recover on R
- 7-8 Big Step L to L Back Diagonal, Drag R Towards L/Touch

#### Walk Around ¾ Turn R, Point, ¼ L, Triple Full Turn L, Point Forward

- 1&2& Walk Around in a ¾ Circle Turn R Stepping R-L-R-L
- 3-4 Step Forward on R, Point L to L Side
- 5 <sup>1</sup>⁄<sub>4</sub> Turn L Step Forward on L
- 6&7 Triple Full Turn L Stepping R-L-R
- 8 Point L Forward
- Restart On wall 2 After count 16 (6:00) Restart with Step Change: On wall 5 change count 32 (L Point Forward) into a Jump Forward with both Feet, Restart (12:00)

#### L Step Back, Swivel, Hitch, Back, Hitch, Back, R L Step Back, Swivel, Hitch, Back, Hitch, Back

- 1&2 Step Back on L, Swivel Both Heels R, Recover
- &3 Hitch R, Step Back on R
- &4 Hitch L, Step Back on L
- 5&6 Step Back on R, Swivel Both Heels L, Recover
- &7 Hitch L, Step Back on L, Hitch R, Step Back on R

#### Behind, Side, Cross, ¼ L, Together, Step Forward, Hip Turn ½ R, Hip Turn ½ R

- 1&2 Step L Behind R, Step R to R Side, Cross L Over R
- &3-4 1/4 Turn L Step Back on R, Step L Next to R, Step Forward on R
- 5&6 <sup>1</sup>/<sub>4</sub> Turn R Bump L to L Side, Recover, <sup>1</sup>/<sub>4</sub> Turn R Step Back on L
- 7&8 <sup>1</sup>⁄<sub>4</sub> Turn R Bump R to R Side, Recover, <sup>1</sup>⁄<sub>4</sub> Turn R Step Forward on R

#### Cross Rock, Side Rock, Behind, Point, Back Rock, Side Rock, Cross, Point

- 1& Cross Rock L Over R, Recover on R
- 2& Rock L to L Side, Recover on R
- 3-4 Step L Behind R, Point R to R Side
- 5& Rock Back on R, Recover on L
- 6& Rock R to R Side, Recover on L
- 7-8 Cross R Over L, Point L to L Side

### Behind, Side, Cross Rock, Side Drag, Side Slide, ¼ L Side Slide, ¼ L Side, Behind with Sweep

- 1&2& Step L Behind R, Step R to R Side, Cross Rock L Over R, Recover on L
- 3-4 Step L Big Step to L Side, Drag R Towards L/ Touch
- 5-6-7 Slide R to R Side, <sup>1</sup>/<sub>4</sub> Turn L Slide L to L Side, <sup>1</sup>/<sub>4</sub> Turn L Slide R to R Side
- 8 <sup>1</sup>/<sub>4</sub> Turn L Jump on Both Feet to L Side (weight on L to start again with count 1)