



## Cowboy Hitch pt 1

16 Count, 4 Wall, Absolute Beginner

Choreographer: Tom Inge Soenju (Nor) May 2018

Choreographed to: XXL by Keith Anderson (129bpm)

16 count intro

### **S1 Heel, Hook, Heel x2, Vine-Hitch**

- 1 Touch heel of RF forward
- 2 Hook RF across LF
- 3 Touch heel of RF forward
- 4 Touch heel of RF in place
- 5 Step RF to right side
- 6 Step LF behind RF
- 7 Step RF to right side
- 8 Hitch LF (or touch LF next to RF)

### **S2 Walk back x3, Hitch, ¼ R turn, Hitch, Side Step-Hitch**

- 1 Step back on LF
- 2 Step back on RF
- 3 Step back on LF
- 4 Hitch RF
- 5 Quarter turn to your right (03:00) stepping down on RF
- 6 Hitch LF
- 7 Step LF to left side
- 8 Hitch RF

**Optional** Clap on each hitch

**Start again and enjoy, Happy Dancing.**

**Note** Great starter dance. Can be used for basically any country song. Examples Achy Breaky Heart by Billy Ray Cyrus (Slow), "Hold your Horses" by E-Type (Normal/fast) and "Footloose" by Blake Shelton (Fast). Can use Cowboy Hitch pt 2 when dancers advance.

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