

Cajun Gumbo

32 count, 4 wall, beginner/intermediate level
Choreographer : L Lightfoot (UK) Jan 2001
Choreographed to : Tear-Stained Letter by Patty
Loveless (184 bpm) Steppin Country 4
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Sec 1 RIGHT KICK, STEP BACK, LEFT COASTER STEP.

- 1-2 Kick right foot forward, Hold for one beat.
- 3-4 Step right foot back, Hold for one beat.
- 5&6 Step left foot back, Step right foot next to left, Step left foot forward.

Sec 2 RIGHT KICK, STEP BACK, LEFT COASTER STEP.

- 7-8 Right kick forward, Hold for one beat.
- 9-10 Step right foot back, Hold for one beat.
- 11&12 Step left foot back, Step right next to left, step left forward.

Sec 3 PADDLE ¼, CROSS ROCK, PADDLE ½, CROSS ROCK.

- 13& Step right forward, pivot 1/8 turn to left.
- 14& Step right forward, Pivot 1/8 turn to left.
- 15&16 Cross rock right over left foot, Rock onto left foot, Step right in place.
- 17& Step left forward, Pivot ¼ turn to right.
- 18& Step left forward, Pivot ¼ turn to right
- 19&20 Cross rock left over right foot, Rock onto right foot, Step left in place.

Sec 3 MAMBO FORWARD, MAMBO BACK, STEP SLIDE, OUT IN OUT.

- 21&22 Rock right foot forward, Rock back onto left, Step right in place.
- 23&24 Rock back onto left foot, Rock forward onto right, Step left in place.
- 25-26 Step right foot to right side, Drag left next to right.
- 27&28 Touch left out to side, Touch left next to right, Touch left out to side.

Sec 4 WALK FORWARD, LEFT, RIGHT, MAMBO BACK, STEP FORWARD.

- 29-30 Step forward on left, Step forward on right
- 31-32 Rock back onto left, Rock forward onto right, Step left forward.

START AGAIN

HAVE FUN WITH THIS ONE