



Sweet Virginia

32 Count, 4 Wall, Improver

Choreographer: Gaye Teather (UK) August 2018

Choreographed to: Sweet Virginia by Chris Norman (158bpm)

CD: Don't Knock The Rock

32 count intro, start dancing on vocals

Kick. Together. Cross. Side. Heel taps. Heel swivels

- 1 – 2 Kick Right foot forward. Step Right beside Left
- 3 – 4 Cross Left over Right. Step Right to Right side (angling body to face Left diagonal)
- 5 – 6 Keeping weight on Right. Tap Left heel to floor twice
- 7 – 8 Swivel Left heel to Left (straightening up to 12 o'clock). Swivel Right heel to Left (weight remains on Left)

Option Alternatively, steps 7-8 can be replaced with a simple step Left. Touch Right beside Left

Right Scissor step. Vine Left. Cross rock

- 1 – 2 Step Right to Right side. Step Left beside Right#
- 3 – 4 Cross Right over Left. Step Left to Left side
- 5 – 6 Cross Right behind Left. Step Left to Left side
- 7 – 8 Cross rock Right over Left. Recover onto Left

Chasse quarter turn Right. Step. Pivot half turn Right. Left toe strut forward.

Right toe strut forward

- 1&2 Step Right to Right side. Step Left beside Right. Quarter turn Right stepping forward on Right (3 o'clock)
- 3 – 4 Step forward on Left. Pivot half turn Right (Facing 9 o'clock)
- 5 – 6 Step Left toe forward. Drop Left heel to floor
- 7 – 8 Step Right toe forward. Drop Right heel to floor

Long step Left. Touch in. Out. In. Side Right toe strut. Cross toe strut

- 1 – 2 **Long** step to Left on Left. Touch Right beside Left
- 3 – 4 Touch Right to Right side. Touch Right beside Left
- 5 – 6 Step Right toe to Right side. Drop Right heel to floor
- 7 – 8 Cross Left toe over Right. Drop Left heel to floor

Start again

Tags These occur at the end of wall 2 (facing 6 o'clock), wall 6 (facing 6 o'clock) and wall 11 (facing 3 o'clock) and comprise 4 hip bumps. Trust me... they are really, really easy to spot!

- 1 – 4 Step Right to Right side bumping hips Right. Left. Right. Left

Ending Optional ending, the dance ends on count 32 with Left crossed over Right and facing 6 o'clock. Unwind half turn Right to end facing front

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