



Track: 3:25mins

Intro: 32 Beats (2 counts from the strong beat). 1 Restart. Weight on left foot.

R Rocking Chair, Side, Rock, Cross Shuffle

1,2,3,4 Rock R fwd, recover onto L, rock R back, recover onto L
5,6,7&8 Step R to right, rock on L, step R over L, step L to left side, step R over L.

L Rocking Chair, Side, Rock, ¼ Shuffle Fwd

1,2,3,4 Rock L fwd, recover onto R, rock L back, recover onto R
5,6,7&8 Step L to left, rock on R, turning ¼ right step L fwd, step R tog, step L fwd. (*) (3.00)

Cross, Point, Cross, Point, 2x Sailor Steps Travelling Back

1,2,3,4 Step R across L, point L to left side, step L cross R, point R to right side
5&6,7&8 Travelling back step R behind L, step L to side, step R to side, step L behind R,
step R to side, step L to side.

Back, Rock Fwd, Cross, Side, Behind, Side, Step, ½ Pivot

1,2,3,4 Step back on R, recover on L, Step R across L, step L to side,
5,6,7,8 Step R behind L, step L to side, step fwd on R, pivot ½ left take weight on L. (9.00)

Restart: Wall 5 facing 12.00: Dance to count 16 (*) and restart at 3.00

Ending: Facing 9.00: Dance to count 12 then step fwd on L, paddle right to front wall, step L tog.
