



## Lento Lerele

48 Count, 4 Wall, Improver

Choreographer: Raymond Sarlemijn (NL), Angels H. Guix 'Chalky',

Enric Nonell (Spain) Jul 2018

Choreographed to: Lento (Radio Edit) by Gemeliers,

Joey Montana & Sharlene.

Album: Stereo.

### Phrased Line dance, A=16 counts B=16 counts C=16 counts

Intro: 16 counts.

Sequence: AAA B CC AA B CC AA CCCC A

#### PART A

##### 1-8 Rumba box, rocking chair, ½ pivot left

- 1&2 Step RF to right, step LF together, step RF forward
- 3&4 Step LF to left, step RF together, step LF backward
- 5& Rock RF backward, recover on LF
- 6& Rock RF forward, recover on LF
- 7& Rock RF backward, recover on LF
- 8& Step RF forward, ½ turn left and step on LF

##### 9-16 Shuffle diagonal forward x2, step touch backward x4

- 1&2 Step RF to right diagonal forward, step LF together, step RF to right diagonal forward
- 3&4 Step LF to left diagonal forward, step RF together, step LF to left diagonal forward
- 5&6& Step RF to right diagonal backward, touch LF together, step LF to left diagonal backward, touch RF together
- 7&8& Step RF to right diagonal backward, touch LF together, step LF to left diagonal backward, touch RF together

#### PART B

##### 1-8 Right hip push x3, step together, mambo step x2 (L, R)

- 1 Place ball of RF to right at hip width and push hip to right
- 2 Place ball of RF slightly further to right and push hip to right
- 3 Place ball of RF little bit far to right and push hip to right
- 4 Step RF together
- 5&6 Rock LF to left, recover on RF, step LF together
- 7&8 Rock RF to right, recover on LF, step RF together

##### 9-16 Left hip push x3, step together, mambo step x2 (R, L)

- 1 Place ball of LF to left at hip width and push hip to left
- 2 Place ball of LF slightly further to left and push hip to left
- 3 Place ball of LF little bit far to left and push hip to left
- 4 Step LF together
- 5&6 Rock RF to right, recover on LF, step RF together
- 7&8 Rock LF to left, recover on RF, step LF together

#### PART C

##### 1-8 Step forward w/ clap x3 (R, L, R), step forward w/ clap x3 (L, R, L), coaster step x2

- 1&2 Step RF forward and clap, step LF forward and clap, step RF forward and clap
- 3&4 Step LF forward and clap, step RF forward and clap, step LF forward and clap
- 5&6 Step RF backward, step LF together, step RF forward
- 7&8 Step LF backward, step RF together, step LF forward

##### 9-16 Rocking chair travelling right, step RF to right, body roll left, body roll right, body roll left w/ ¼ turn, touch

- 1&2& Rock RF forward, step LF behind RF, rock RF backward, cross LF over RF
- 3&4& Rock RF forward, step LF behind RF, rock RF backward, cross LF over RF
- 5 Body roll sideward to right and step on RF
- 6 Body roll sideward to left and step on LF
- 7 Body roll sideward to right and step on RF ¼ turn left and step LF forward
- 8 ¼ turn left and step LF forward