



Tread Lightly

32 Count, 4 Wall, Improver

Choreographer: Phil Carpenter (UK) July 2018

Choreographed to: Andante, Andante by Lily James (68bpm)

Album: Mama Mia. Here We Go Again

(Original Picture Sound Track)

32 counts intro. Start on vocals, take it easy.

1 RIGHT CROSS ROCK, & LEFT CROSS ROCK, SYNCOPATED WEAVE TO LEFT.

1-2 Right cross over Left, Recover weight on Left.

&3-4 Right step to Right side, Left cross over Right, Recover weight on Right.

&5&6 Left step to left side, Right cross over Left, Left step to left side, Right cross behind Left.

&7-8 Left step to Left side, Right cross over Left, Left step to Left side with sway to Left.

2 SWAY RIGHT, LEFT BEHIND RIGHT, ¼ TURN RIGHT, LEFT STEP FORWARD, PIVOT ¼ TURN RIGHT, LEFT CROSS ROCK RECOVER, LEFT SCISSOR STEP.

1-2 Sway to Right, Left step behind Right.

&3-4 Turn ¼ Right stepping Right forward (3.00), Left step forward, Pivot ¼ turn Right, (6.00). (W.O.R).

5-6 Left cross over Right, Recover weight on Right.

7&8 Left step to Left side, Right step beside Left, Left cross over Right.

3 RIGHT ROCK FORWARD, RECOVER, ¾ TRIPLE TURN RIGHT, LEFT ROCK FORWARD, & RIGHT ROCK FORWARD.

1-2 Right rock forward, Recover weight on Left

3&4 ¾ Triple turn Right, slowly stepping Right, Left, Right. (3.00)

Restart dance at this point during wall 4, You'll be at 12.00 for the restart.

5-6 Left rock forward, Recover weight on Right.

&7-8 Left step back beside Right, Right rock forward, Recover weight on Left.

4 RIGHT LOCK STEP BACK, LEFT BACK ROCK RECOVER, SLOW FULL TURN RIGHT, LEFT SHUFFLE FORWARD.

1&2 Right step back, Left cross in front of Right, Right step back.

3-4 Left step back, Recover weight on Right.

5 Turn ½ turn Right slowly, stepping back on Left, (9.00),

6 Turn ½ turn Right slowly, stepping forward on Right. (3.00)

7&8 Left step forward, Right step beside Left, Left step forward.

Repeat dance facing new wall, enjoy and have fun

Restart required during wall 4. Dance steps 1 – 20, Transfer your weight onto Left foot and restart the dance.

Note Please be aware, that the dance is slower than the music implies on first impression.

Note Wall 7: Section 2, music slows and fades for 8 counts from step 9, keep dancing at the Normal tempo, the music kicks back in for the rest of the dance.

Ending Phil's Big Finish, Wall 8 (You'll be facing 9.00). Dance steps 1 – 20
Then, take a final big step forward on Left with arms out to sides. Ta da.

Music download available from iTunes