



CHUGS X 2 (FORWARD, BACK), V-STEP

- 1-2 Placing feet apart, chug (scoot) forward on both feet, hold
- 3-4 Placing feet apart, chug (scoot) back on both feet, hold
- 5-6 RF step diagonally forward (1:00), Left step diagonally forward (11:00)
- 7-8 RF step back to Centre, LF step together

RF ROCK FWD, LF RECOVER, RF MAMBO BACK, LF ROCK FWD, RF RECOVER, LF MAMBO BACK

- 1-2 Rock RF forward, Recover LF
- 3&4 Rock RF back, Recover LF, Step RF beside left
- 5-6 Rock LF forward, Recover RF
- 7&8 Rock LF back, Recover RF, Step LF beside right

TWO CHARLESTON STEPS

- 1-2 Step RF forward, Kick LF forward
- 3-4 Step LF back, Touch RF back
- 5-6 Step RF forward, Kick LF forward
- 7-8 Step LF back, Touch RF back

RF KICK TWICE, RF MAMBO BACK, LF KICK TWICE, LF MAMBO BACK

- 1-2 Kick RF forward twice
- 3&4 Rock RF back, Recover LF, Step RF beside left
- 5-6 Kick LF forward twice
- 7&8 Rock LF back, Recover RF, Step LF beside right

Repeat

Music download available from iTunes