

My Black & Gold

32 Count, 4 Wall, Beginner

Choreographer: Erin Dale & Belinda Lane (June 2018)

Choreographed to: Black & Gold by Alaa feat. Kodie

Album: Black & Gold single 2016 (110bpm)

Weight on left, 32 count intro, starts on word 'My'

1-8 Vine right, heel 45, vine left, heel 45 (6:00)

1-2-3-4 Step R to R, step L behind R, step R to R, present L heel 45

5-6-7-8 Step L to L, step R behind L, step L to L, present R heel 45

9-16 Mambo forward, Mambo back, pivot 1/2, shuffle (12:00)

1&2-3&4 Rock/step R forward, replace weight L, step R next to L, rock/step L back, replace weight R, step L next to R

5-6-7&8 Step R forward, 1/2 pivot L taking weight on L, shuffle forward R L R

17-24 Step lock shuffle, step lock shuffle (12:00)

1-2-3&4 Step L forward, step R behind L, shuffle forward L R L

5-6-7&8 Step R forward, step L behind R, shuffle forward R L R

25-32 Pivot 1/4, cross shuffle, v step (9:00)

1-2-3&4 Step L forward, 1/4 pivot R taking weight on R, step L across R, step R behind L, step L across R

5-6-7-8 Step R forward 45, step L forward 45, step R back to centre, step L next to R

Restart

Tag end of wall 3. Repeat last 4 counts.

1-2-3-4 Step R forward 45, step L forward 45, step R back to centre, step L next to R

Note We choreographed this dance to celebrate Dubbo RSLYC Line Dancers 20th birthday and released at the Black & Gold Ball