

# The Way She Moves

Phrased, 64 Count, 2 Wall, Advanced Choreographer: Gemma Ridyard (June 2018) Choreographed to: Lie To Me by Mikolas Josef

## Sequence – A, B, A, C, A, B, A, C, A Restart, A, C, C.....

### Part A 32 counts

- A1 R Kick Cross, L Side Rock, L Kick Cross, R Side Rock, R Jazz box ½ R, 2X Hop
- 1&2& Kick RF forward, Cross Over LF, Rock LF to L, replace weight to RF
- 3&4& Kick LF forward, Cross Over RF, Rock RF to R, replace weight to LF
- 5 6 7 Cross LF over, make a ¼ turn R stepping RF back, make a ¼ turn R step RF to side
- &8 Close LF to RF as you do 2x small jumps travelling R \*option close LF to RF\* Lift R to head height to hand pumps (6.00)

#### A2 Step L, R heel to, Step R L heel toe, Kick L, Kick R, ball step, ball step

- 1&2 Step LF to L Diagonal, R heel twists in, R toe twists in
- 3&4 Step RF to R Diagonal, L heel twists in, L toe twists in (weight on R)
- 5&6 Kick L forward, close L to R, Kick R forward
- &7&8 Step R small step back, replace weight to L, replace weight to R, replace weight to L (6.00)

## A3 Out Out, <sup>1</sup>/<sub>4</sub> L back back, Out Out, <sup>1</sup>/<sub>4</sub> L back back, Press R forward, Press L forward

- &1&2 Step R forward and out, Step L Forward and out, make a ½ turn L stepping RF back, step L back
- &3&4 Step R forward and out, Step L Forward and out, make a ½ turn L stepping RF back, step L back (Shake hands high and then low)
- 56 Press ball of R forward angle upper body to L, close R to L return body to centre
- 78 Press ball of L forward angle upper body to R, close L to R return body to centre (12.00)

#### A4 Kick close knees out in, kick close knees out in, Jazz box 1/2 R

- 1&2& Kick R forward, close R to L, take knees out, close knees (weight on R)
- 3&4& Kick L forward, close L to R, take knees out, close knees (weight on L)
- 5678 Cross R over, make a ¼ turn R stepping L back, make a ¼ turn R step R to side, touch L to R (6.00)

#### Part B 16 counts

- B1 Step L forward arms up, bend knees arms down, rotate hands, arms up, cross arms in front of face, roll hands, paddle ½ L
- 1&2 Step L forward taking arms up palms to ceiling hands flexed (1), bend both knees taking arms down bent at R angles palms still flexed fingers facing hips (&), rotate hands palms flexed so fingers point away from body (2)
- 3&4 Tip arms up at right angles palms to ceiling (3) keeping hands flexed palms to ceiling cross R arm behind L (&) roll hands in towards face finishing with hands in front of face palms away from the body (4)
- 5678 Paddle <sup>1</sup>/<sub>2</sub> turn L touching R toe to R, finish with R toe touched to L (8) (12.00)
- B2 Step R forward arms up, bend knees arms down, rotate hands, arms up, cross arms in front of face, roll hands, paddle ½ R
- 1&2 Step R forward taking arms up palms to ceiling hands flexed (1), bend both knees taking arms down bent at R angles palms still flexed fingers facing hips (&), rotate hands palms flexed so fingers point away from body (2)
- 3&4 Tip arms up at right angles palms to ceiling (3) keeping hands flexed palms to ceiling cross R arm behind L (&) roll hands in towards face finishing with hands in front of face palms away from the body
  (4)
- 5678 Paddle ½ turn R touching L toe to L, finish with L closed next to R (8) (6.00)

#### Part C 16 counts

## C1 R Charleston step, Charleston Kick R <sup>1</sup>/<sub>2</sub> turn, Charleston Kick L <sup>1</sup>/<sub>2</sub> turn

- 1234 Touch R forward, step R back, touch L back, step L forward
- 5&6& Make a ¼ turn L Kick R forward (5) bend R knee bring R into L knee (&) Make a ¼ turn L Kick R Back (6) close R to L (&) (6.00)
- 7&8 Make a ¼ turn L Kick L Back (7) bend L knee bring L into R knee (&) Make a ¼ turn L Kick L forward (8) (12.00) \*option to not turn the kicks\*

## C2 &Cross Unwind <sup>3</sup>/<sub>4</sub> L, travelling forward ball step ball step, <sup>1</sup>/<sub>4</sub> R pivot <sup>1</sup>/<sub>2</sub> R, close L to R

&12 Step L down (&) Cross R over L, unwind a <sup>3</sup>/<sub>4</sub> turn R weight on R (3.00)

- &3&4 Step L to L, cross R over L, step L to L, cross R over L, (Wax on Wax off hands )
- 5678 Make a ¼ turn L step L forward reaching R arm forward at shoulder height (5) slow pivot ½ turn L drawing R arm in towards the body (67) close L to R (6.00)

Restart The 5th time you start A you dance the 1st 16 counts and the Restart A from the beginning

## Happy Dancing

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768-charged at 10p per minute