

**Cactus Shuffle**

BEGINNER

2 Walls

Choreographed by: Maleah Green

Choreographed to: (If You're Not In It  
For Love) I'm Outta Here by Shania Twain**HEEL TOUCHES, HOP TURN**

- 1 - 4 Right foot heel tap forward, right foot together, right foot heel tap forward, right foot together  
5 - 8 Left foot heel tap forward, left foot together, left foot heel tap forward, left foot together  
9 Hop in place, landing with feet spread  
10 Hop in place, landing with right leg crossed in front of left  
11 - 12 Pivot on both feet one full turn to the left

**SHUFFLE & ROCK STEPS**

- 13 & 14 Shuffle step forward (right left right)  
15 - 16 Left foot rock step forward, rock back onto right foot  
17 & 18 Shuffle step backward (left right left)  
19 - 20 Right foot rock step backward, rock forward onto left foot  
21 & 22 Shuffle step forward (right left right)  
23 - 24 Left foot stomp together, right foot touch beside left foot

**OUT-OUT, IN-IN, OUT-OUT, IN-IN (STAY ON THE BALLS OF YOUR FEET)**

- 25 & Right foot step back and to right, left foot step back and to left  
26 & Right foot step back and to center, left foot step together  
27 & Right foot step back and to right, left foot step back and to left  
28 & Right foot step back and to center, left foot step together

**SIDE STEPS WITH HIPS**

- 29 - 30 Right foot step wide to right, left foot slide together (slight turn to left when done)  
31 - 32 Right hip bump to right twice  
33 - 34 Left foot step wide to left, right foot slide together (slight turn to right when done)  
35 - 36 Left hip bump to left twice

**MARCH & HIPS**

- 37 - 40 March 4 steps making a half turn to the right (right left right left)  
41 - 44 Right hip bump to right twice, left hip bump to left twice  
45 - 48 Roll hips in two complete circles

**CAMEL WALKS (DIAGONAL VINES)**

- 49 - 50 Right foot step forward to right, left foot cross behind right foot  
51 - 52 Right foot step forward to right, left foot scuff beside right foot  
53 - 54 Left foot step forward to left, right foot cross behind left foot  
55 - 56 Left foot step forward to left, right foot touch beside left foot

**1-3/4 SPIN WHILE MOVING BACKWARD**

- 57 Right foot step backward with 1/4 turn to the right  
58 Left foot step to right, crossing in front of right leg, with 1/2 turn to the right  
59 Right foot step to left, crossing behind left leg, with 1/2 turn to the right  
60 Left foot step to right, crossing in front of right leg, with 1/2 turn to the right

**REPEAT****THE LAST 4 BEATS MAY BE SIMPLIFIED AS FOLLOWS:**

- 57 - 58 Right foot step backward, left foot step backward with 1/4 turn to the left  
59 - 60 Right foot step together, left foot step to left

**/There are two "inserts" in this dance.****INSERT #1**

- 1 - 2 With feet together, hop forward and back.  
3 & 4 With feet together, hop forward three times.  
& 5 With feet together, hop back and forward  
6 - 8 Pause with attitude

**/(If you can do a 2-foot stomp on each hop, it has a great effect!)**

**INSERT #2**

- 1 - 2 Right foot step forward, 1/4 turn to the left
- 3 & 4 Three hip bumps (right left right)
- 5 - 6 Right foot step forward, 1/4 turn to the left
- 7 & 8 Three hip bumps (right left right)
- 9 - 10 Pause with attitude
- 11 - 12 Continue pause with attitude
- 13 Right foot cross over left foot, landing on right toe
- 14 - 16 Pivot on both feet a full turn to the left

**/Now we get to the tricky instructions. The first 8 beats of guitar strums (right after the voice on the recording of "Outta Here" by Shania Twain says "3-4-5") are counted as 1 through 8. When you finish counting off 5-6-7-8, begin dancing.**

- Wall 1: Beats 1-60 of the main dance
- Wall 2: Beats 1-60 of the main dance
- Wall 3: Beats 1-24 of the main dance

**Insert #1**

**Beats 29-60 of the main dance**

- Wall 4: Beats 1-24 of the main dance

**Insert #2**

**Beats 1-60 of the main dance**

- Wall 5: Beats 1-28 of the main dance

**Insert #1**

**Beats 29-60 of the main dance**

- Wall 6: Beats 1-24 of the main dance

**Insert #2**

**Beats 1-60 of the main dance**

- Wall 7: Beats 1-48 of the main dance

**Insert #1**

**Beats 11-16 of insert #2**