











The Language Of Love

32 Count, 2 Wall, Intermediate (Rolling 8) Choreographer: Niels Poulsen (NL) Apr 2018 Choreographed to: F.U. by Little Mix. Album: Glory Days

3:58m Track:

4 count intro from main beat (3 secs. into track). Start with weight on L foot Intro: 2 restarts: Both restarts happen after 20 counts on walls 3 and 6 which start at 12:00.

And, both times the restarts also happen facing 12:00. How easy can that be!...

Section 1 R back rock, walk L sweep, L twinkle, cross, reverse rolling vine into rock ¼ R, ¼ R

1 - 3Rock back on R (1), recover fwd onto L sweeping R fwd (2), step R fwd sweeping L fwd (3) 12:00

Cross L over R (4), rock R to R side (&), recover onto L (a), cross R over L (5) 12:00 4&a5

6a7 Turn ¼ R stepping L back (6), turn ½ R stepping R fwd (a), turn ¼ R rocking L to L side (7) 12:00

Recover onto R turning 1/4 R (8), turn 1/4 R stepping L to L side (a) 6:00 8a

Section 2 R back rock, ¼ L side, L back rock, L side, R&L sailors, behind sweep, behind, ¼ R

1 - 2aRock back on R (1), recover fwd onto L (2), turn ¼ L stepping R to R side (a) 3:00

3 - 4aRock back on L (3), recover fwd onto R (4), step L to L side (a) 3:00 Cross R behind L (5), step L to L side (&), step R to R side (a) 3:00 5&a Cross L behind R (6), step R to R side (&), step L to L side (a) 3:00 6&a

7 - 8a Cross R behind L sweeping L to L side (7), cross L behind R (8), turn \(\frac{1}{2} \) R stepping R fwd (a) 6:00

½ R sweep, back rock pop, recover hitch, jazz ¼ R lunge, 1 ¼ L, 3/8 L hitch, fwd R&L Section 3

1 - 2Turn ½ R stepping L back & sweeping R to R side (1), rock R back popping L knee fwd (2) 12:00 3 - 4a

Recover fwd onto L hitching R knee (styling: go up on ball of left foot at the same time) (3),

cross R over L (4), step back on L (a)

* Restarts: On walls 3 & 6 and at 12:00 each time Turn ¼ R lunging R to R side (5) 3:00

6a7 Turn ½ L stepping L fwd (6), turn ½ L stepping R back (a), turn ½ L stepping L fwd hitching

R knee but also continuing to turn 3/8 L on L foot (7) 7:30

Run fwd R (8), run fwd L (a) 7:30 8a

Section 4 R rock fwd, ½ R, step turn sweep, L&R twinkles travelling forward, step turn turn

1 - 2aRock R fwd (1), recover back on L (2), turn ½ R stepping R fwd (a) 1:30 3 - 4Step L fwd (3), turn ½ R stepping R fwd but also sweeping L fwd (4) 7:30

5&a Cross L over R (5), rock R to R side squaring up to 6:00 (&),

recover onto L stepping L forward (a) 6:00

6&a Cross R over L (6), rock L to L side (&), recover onto R stepping R forward (a) 6:00 7 - 8aStep L fwd (7), turn ½ R stepping R fwd (8), turn ½ R stepping back on L (a) 6:00

ENJOY! Wall 9 is your last wall (starts at 12:00). Do the first 16 counts.

When doing the ½ turn sweep on count 17 you hit the last beat in the music

automatically ending at 12:00

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