



**BPM 128**

I choreographed this simple dance to introduce my Absolute Beginner class to Kick Ball Changes.

**Intro: 4 counts. Starts on the word 'Lollipop'**

**SECT 1 R KICK BALL CHANGE x 2, SIDE TOGETHER SIDE TOUCH**  
1 & 2 Kick R foot forward, step R in place, step L next to R  
3 & 4 Kick R foot forward, step R in place, step L next to R  
5 6 7 8 Step R to R side, close L next to R, step R to R side, touch L next to R

**SECT 2 L KICK BALL CHANGE x 2, SIDE TOGETHER SIDE TOUCH**  
1 & 2 Kick L foot forward, step L in place, step R next to L  
3 & 4 Kick L foot forward, step L in place, step R next to L  
5 6 7 8 Step L to L side, close R next to L, step L to L side, touch R next to L

**SECT 3 STEP ½ TURN STEP, HOLD, STEP ½ TURN STEP HOLD**  
1 2 Step forward on R, pivot ½ turn L  
3 4 Step forward on R, Hold (Clap)  
5 6 Step forward on L, pivot ½ turn R  
7 8 Step forward on L, Hold (Clap)  
**(Alternative easier Section 3 for new dancers)**

**SECT 3 ROCK FORWARD, RECOVER, STEP BACK, HOLD, ROCK BACK RECOVER, STEP FORWARD, HOLD**  
1 2 Rock forward on R, recover on L  
3 4 Step back on R, Hold (Clap)  
5 6 Rock back on L, recover on R  
7 8 Step forward on L, Hold (Clap)

**SECT 4 PADDLE ¼ TURNS L x 2, JAZZ BOX**  
1 2 Step forward on R, Pivot ¼ turn L  
3 4 Step forward on R, Pivot ¼ turn L  
5 6 7 8 Cross R over L, step back on L, Step R to R side, step L next to R