



Track: 2:55m

Section 1 R SIDE TOUCH, TOE-TRIANGLE, L SIDE TOUCH, TOE-TRIANGLE

1-2 Touch RF right, Touch RF together L
3&4 Touch RF toe forward, Step RF toe to R side, Step RF together, hold
5-6 Touch LF left, Touch LF together R
7&8 Touch LF toe forward, Step LF toe to L side, Step LF together, hold

Section 2 TRAVELLING SWIVELS RIGHT, LEFT

1-2 Swivel both heels to right, both toes to right
3&4 Swivel both heels to right, both toes to right, both heels to right
5-6 Swivel both heels to left, both toes to left
7&8 Swivel both heels to left, both toes to left, both heels to left

Section 3 TOE/HEEL FORWARD X 4

1-2 Step RF forward on toe, Step down on heel
3-4 Step LF forward, Step down on heel
5-6 Step RF forward on toe, Step down on heel
7-8 Step LF forward, Step down on heel

Section 4 BACKWARDS STEP TOUCHES X 2

1-2 RF Step back
3-4 LF touch beside RF
5-6 LF Step back
7-8 RF touch beside LF