



Rock Me Mama

32 Count, 2 Wall, Beginner

Choreographer: Marie McLeod (CA) Apr 2018

Choreographed to: Wagon Wheel by Nathan Carter

147 bpm

Intro: 32 counts (start on vocals)

S1: Right Rocking chair, right and left toe struts

1,2,3,4 Rock fwd RF, recover LF, rock back RF, recover LF

5,6,7,8 Touch right toe fwd, drop right heel, touch left toe fwd, drop left heel (12:00)

S 2: Right Rocking Chair, step R, brush L, step L, brush R

1,2,3,4 Rock fwd RF, recover LF, rock back RF, recover LF

5.6.7.8 Step fwd R. brush L toe, step fwd L, brush R toe (12:00)

S 3: Toe, Heel, Jazz Box quarter turn R

1,2,3,4 Cross R toe over left, drop right heel, step left toe back, drop left heel

5,6,7,8 Step R toe quarter turn R, drop R heel, bring L toe together, drop L heel (3:00)

S 4: Monterey quarter right, step fwd R, touch L toe behind R, step L back, hook R

1,2,3,4 Point R toe to R side, ¼ turn R, point L toe L, step L together

5,6,7,8 Step fwd on RF, touch L toe behind RF, step LF back, hook right in front of left (6:00)

Start dance again

NO TAGS, NO RESTARTS!

Enjoy