



## Mic Drop

64 Count, 4 Wall, Intermediate (Phrased)  
Choreographer: Gemma Ridyard & Kerry Maus (USA) Apr 2018  
Choreographed to: Mic Drop by Manic Drive

**Track:** 3:30mins

**Sequence:** ABCCCC ABCCCC A16 ABCCCC

**Intro:** 16 counts

**Section A:** 32 counts

**A[1-8]** TRIPLE STEP, SWEEP, CROSS, ¼, ¼, FORWARD ROCK, SIDE ROCK, COASTER CROSS, POINT

1&21) Step R forward, &) step L beside R, 2) step R forward, sweep L from back to front

3&43) Cross L over R, &) turning ¼ left, step R back 4) turning ¼ left, step L to left [6:00]

5&6&5) Rock R forward, &) recover L, 6) rock R to right, &) recover L

7&8&7) Step R back, &) step L beside R, 8) cross R over L, &) point L to left

**Arms:** On counts 8& tap R hand to L shoulder 2x

**A[9-16]** HITCH, CROSS PREP, FULL SPIRAL, SIDE CHASSE, ½ SIDE CHASSE,

1,2,31) Hitch L knee, 2-3) cross L in front of R, bending at knees, prep for full spiral right

44) Unwind full spiral, crossing R over L as you turn, weight to L

5&6&5) Step R to right, &) step L beside R, 6) step R to right, &) ½ hinge turn left

7&87) Step L to left, &) step R beside L, 8) step L to left [12:00]

**Arms:** On count 1 pull R arm slowly across body to right and push out for counts 2-3

**A[17-24]** CROSS ROCK, TOUCH, RECOVER SWEEP, SAILOR, CROSS, SIDE ROCK, REC (X2), HITCH W/FIST TAP

1&21) Cross rock R over L, &) touch L toe behind R, 2) recover L sweep R front to back

3&43) Cross R behind L, &) rock L to left, 4) recover R

5&6&5) Cross L over R, &) rock R to right, 6) recover L &) cross R over L

7&8&7) Rock L to left, &) recover R, and hitch L knee, 8-&) tap top of knee with closed fist (2x)

**Arms:** On count 1 cross hand over chest, and lower head, pop head up and arms out on count 2

**A[25-32]** CROSS, BACK HEEL SLIDE, BALL CROSS, ¼ HEEL SWIVEL, ¼ HEEL SWIVEL, BALL, BACK, 1/8, KNEE POP

1,2,31) Cross L over R, 2-3) Step R back on diagonal, while dragging L heel back

&4&5&) Step L next to R, 4) Cross R over L, &) swivel L heel ½ turn left, 5) swivel R heel ½ turn left [4:30]

&6,7,8&) Step L back, 6) step R back, 7) twist heels 1/8 right, 8) pop R knee, weight to L [6:00]

**Section B:** 16 counts

**B[1-8]** CROSS, BACK, SIDE, CROSS, BACK, SIDE, CROSS, BACK, SIDE, CROSS, POINT

1,21) Cross R over L, popping L knee, 2) step L back, popping R knee,

3,43) Step R to right, popping L knee, 4) cross L over R, popping R knee

5&6&5) Step R back, &) Step L to left, 6) cross R over L, &) step L back

7&87) Step R to right, &) cross L over R, 8) point R to right

**B[9-16]** MAMBO STEP, MAMBO, BACK ¼, BACK ¼, OUT, OUT, W/ ARMS

1&2&1) Rock R forward, &) recover L, 2) step R beside L, &) rock L forward

3&4&3) Recover R, &) step L beside R, 4) turning ¼ right, step R back, &) turning ¼ right, step L back & out

5&65) Step R to right, &) step L to left, 6) hold,

&7&) Arms bent stacked parallel in front, 7) R hand up, pivoting at elbow like a clock hand to 12:00,

&8&) With arms straight out in front, make fist w/ L hand, grab fist w/ R hand,

8) open right hand and "drop" L fist or "mic" L hand drops to side.

**Section C:** 16 counts

**C[1-8]** STEP, ½ PIVOT, HITCH, ¼ HITCH TURN, SAILOR, ½ SAILOR

&1,2&) Step L in place, 1) step R forward, 2) pivot ½ turn left, weight to L [6:00]

3,43) Hitch R knee, 4) turn ¼ right, hitch R knee [9:00]

5&65) Cross R behind L, &) rock L to left, 6) recover to R

7&87) Turning ¼ left, cross L behind R, &) turning ¼ left, step R to right, 8) recover L [3:00]

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**C[9-16] MAMBO STEP, MAMBO, BACK ¼, BACK ¼, OUT, OUT, W/ ARMS**

1&2&1) Rock R forward, &) recover L, 2) step R beside L, &) rock L forward

3&4&3) Recover R, &) step L beside R, 4) turning ¼ right, step R back, &) turning ¼ right, step L back & out

5&65) Step R to right, &) step L to left, 6) hold,

&7&) Arms bent stacked parallel in front, 7) R hand up, pivoting at elbow like a clock hand to 12:00,

&8&) With arms straight out in front, make fist w/ L hand, grab fist w/ R hand, 8) open right hand and "drop" L fist or "mic" L hand drops to side.

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