

C & L In D (Cold & Lost In Desperation)

32 Count, 2 Wall, Int/Adv

Choreographer: Rene Madsen (USA) June 2011

Choreographed to: Iridescent by Linkin Park,

CD: Iridescent (from Transformers 3: Dark of the Moon)

Start dancing on lyrics

**BASIC LEFT, ¼ LEFT BACK, ½ LEFT FORWARD, MAMBO STEP, BACK,
½ RIGHT FORWARD, ¼ RIGHT AND ROCK WEAVE**

- 1-2& Step left to side, cross right behind left, cross left over right
3&4& Turn ¼ left and step right back, turn ½ left and step left forward,
rock right forward, recover left (3:00)
5-6& Step right back, step left back, turn ½ right and step right forward (9:00)
7&8& Turn ¼ right and rock left to side, recover right, cross left behind right, step right to side (12:00)

**CROSS SWEEP, CROSS, 1/8 RIGHT BACK, BACK TWICE, 1/8 RIGHT, FORWARD,
½ RIGHT BACK SWEEP, PRESS, ½ RIGHT FORWARD, ½ RIGHT BACK, ¼ RIGHT, CROSS**

- 1-2& Cross left over right as you sweep right from back to front, cross right over left,
turn 1/8 right and step left back (1:30)
3&4& Step right back, step left back, turn 1/8 right and step right to side, step left forward (3:00)
5&6 Turn ½ left and step right back start sweeping left from front to back,
turn ½ left continue sweep left forward, press left forward prep over left shoulder (3:00)
7&8& Turn ½ right and step right forward, turn ½ right and step left back,
turn ¼ right and step right to side, () cross left over right (6:00)

**SIDE, 1/8 LEFT BACK, BACK, 1/8 LEFT SIDE, CROSS ROCK SIDE, CROSS, ¼ LEFT BACK,
¼ SWEEP, BACK ROCK, ½ RIGHT**

- 1-2& Step right a big step to right, turn 1/8 left and step left back, step right back (4:30)
3&4& Turn 1/8 left and step left to side, cross rock right over left, recover left, step right to side (3:00)
5-6& Cross left over right, turn ¼ left and step right back sweeping left from front to back,
turn ¼ left continue sweeping left back (9:00)
7&8& Rock left back, recover right, step left forward, turn ½ right and step right forward (3:00)

**FORWARD, FORWARD, ½ RIGHT BACK, ¼ RIGHT, CROSS ROCK SIDE, CROSS,
1/8 RIGHT BACK, 1/8 RIGHT SIDE, 1/8 RIGHT FORWARD, FORWARD, 1/8 RIGHT CROSS**

- 1-2& Step left forward, step right forward, turn ½ right and step left back (9:00)
3&4& Turn ¼ right and step right to side, cross rock left over right, recover right, step left to side (12:00)
5-6& Cross right over left, turn 1/8 right and step left back, step right back (1:30)
7&8& Turn 1/8 right cross left behind right, turn 1/8 right and step right forward,
step left forward, turn 1/8 right cross right over left (6:00)

TAG: On walls 3 and 6, change counts 9-16 as follows:

**CROSS SWEEP, CROSS, 1/8 RIGHT BACK, BACK TWICE, 1/8 RIGHT SIDE, FORWARD,
½ RIGHT BACK SWEEP, PRESS, ½ RIGHT FORWARD, ½ RIGHT BACK, ¼ RIGHT, TOUCH**

- 1-2& Cross left over right, sweep right from back to front, cross right over left,
turn 1/8 right and step left back
3&4& Step right back, step left back, turn 1/8 right and step right to side, step left forward
5&6 Turn ½ left and step right back start sweeping left front to back, turn ½ left continue sweep left,
press left forward prep over left shoulder
7&8& Turn ½ right and step right forward, turn ½ right and step left back,
turn ¼ right and step right to side, touch left together
Restart from count 1
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