



**Track:** 3:56mins - 122 BPM

**Intro:** 32 count

**S1 R FORWARD ROCK R BACK SHUFFLE, L BACK ROCK L FORWARD SHUFFLE**

1-2 R Forward Rock, L Recover  
3&4 R Back Step, L Together, R Back Step  
5-6 L Back Rock, R Recover  
7&8 L Forward Step, R Together, L Forward Step

**Section 2 1/2 L TURN: 2 R PADDLES, FORWARD R & L SYNCOPATED HIP BUMP**

1-2 R Forward, 1/4 Turn on L Ball (weight on left)  
3-4 R Forward, 1/4 Turn on L Ball (weight on left)  
5&6 R Step Forward Hip Bump, L Bump, R Bump (weight on left)  
7&8 L Step Forward Hip Bump, R Bump, L Bump (weight on left)

**Section 3 R FORWARD ROCK R BACK SHUFFLE, L BACK ROCK, L FORWARD SHUFFLE**

1-2 R Forward Rock, L Recover  
3&4 R Back Step, L Together, R Back Step  
5-6 L Back rock, R Recover  
7&8 L Forward Step, R Together, L Forward Step

**Section 4 1/2 L TURN: 2 R PADDLES, FORWARD R & L SYNCOPATED HIP BUMP**

1-2 R Forward, 1/4 L Turn on L Ball (weight on left)  
3-4 R Forward, 1/4 L Turn on L Ball (weight on left)  
5&6 R Step Forward Hip Bump, L Bump R Bump  
7&8 L Step Forward Hip Bump, R Bump, L Bump

**Section 5 R SIDE STEP TOGETHER R SIDE SHUFFLE, L & R SWAY, L KICKBALL CHANGE**

1-2 R Side Step, L Together  
3&4 R Side Step, L Together, R Side Step  
5-6 L & R Sway (weight on right)  
7&8 L Kick Forward, Step on Ball of L, R Step in place.

**Section 6 L SIDE STEP TOGETHER L SIDE SHUFFLE, R & L SWAY, R KICKBALL CHANGE**

1-2 L Side Step, R Together  
3&4 L Side Step, R Together, L Side Step  
5-6 R & L Sway (weight on left)  
7&8 R Kick Forward, Step on Ball of R, L Step in place

**Section 7 1/4 R TURN: R&L FORWARD SHUFFLE, R&L FORWARD SHUFFLE  
(OPTION: FULL RIGHT TURN CT 5&6, 7&8)**

1&2 1/8 R Turn: R Step Forward, L Together, R Step Forward  
3&4 1/8 R Turn: L Step Forward, R Together, L Step Forward  
5&6 R Step Forward, L Together, R Step Forward  
7&8 L Step Forward, R Together, L Step Forward

**Section 8 R ROCK FORWARD 1/2 R TURN: R SHUFFLE, 1/2 R PIVOT TURN, R MAMBO**

1-2 R Forward Rock, L Recover  
3&4 1/2 R Turn: R Forward, L Together, R Forward  
5-6 L Forward, Pivot on Balls of both Feet 1/2 R (weight on right)  
7&8 L Side Step, Recover on R, L Close Next to R