



A Lotta Bad Habits

48 Count, 4 Wall, Intermediate

Choreographer: Norman Gifford (USA) Apr 2018

Choreographed to: Bad Habits by Michael Lee Austin

- Section 1** **Rock back, replace, lock-steps forward, step, hold, lock-step, brush**
1-2 Left rock back; right replace forward
3&4 Left step forward; right lock behind; left step forward
5-6 Right step forward; hold
&7-8 Left lock behind; right step forward; left brush
- Section 2** **Rock-step, chassè turning ¼ left, crossover, reverse turn ½ right, chassè right**
1-2 Left rock forward; right replace back
3&4 Turn ¼ left stepping side; right together; left step side [9:00]
5-6 Right crossover; left step side in swivel turn ½ right [3:00]
7&8 Right step side; left together; right step side
- Section 3** **Cross-rock, replace, sailor-step, paddle turns RLRL**
1-2 Left cross-rock; right replace
3&4 Sailor-step (LRL)
5-8 Paddle turn 1/8 left; paddle turn 1/8 left [12:00]
- Section 4** **Rock forward, replace, sailor step turning ¼ right, sways LRLR**
1-2 Right rock forward; left replace
3&4 Sailor-step turning ¼ right (RLR) [3:00]
5-8 Sway left; right; left; right {RESTART in 3:00 wall #5, you will be facing 6:00}
- Section 5** **Pivot turns ½ right, kick-ball-change, kick-ball-change**
1-4 Left step forward; pivot turn ½ right; left step forward; pivot turn ½ right
5&6 Left kick-ball-change
7&8 Left kick-ball-change
- Section 6** **Cross, replace, step side, brush, rock forward, replace, long step back, left draw together no weight**
1-4 Left cross-rock; right replace; left step side; right brush forward
5-8 Right cross-rock; left replace; right long step back; draw left back {TAG, wall #4}
- BEGIN AGAIN**
- TAG:** **Done only at the end of wall #4, facing 12:00**
- Section 7** **Point, hold, ball-change, flick, point, hold, ball-change, flick**
1-2 Left point side; hold
&3-4 Left together; right point side; right flick up behind
5-6 Right point side; hold
&7-8 Right together; left point side; left flick up behind
- Section 8** **Back rock-step, kick-ball-change, pivot-turn ¼ right, sway left, sway right**
1-2 Left rock back; right replace
3&4 Left kick-ball-change
5&6 Left step forward; pivot turn ¼ right [3:00]
7-8 Left sway side; right sway side (with attitude)

BEGIN AGAIN