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A Good Day To Run

32 count, 4 wall, intermediate/advanced level
Choreographer: Anna Balaguer (Catalunya) 2000
Choreographed to: A Good Day To Run by Darryl
Worley

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- 1-2 Left rock forward, replace on right
3&4 Left shuffle backward turning $\frac{3}{4}$ to left
5-6 Touch right toe to right side, brush right toe beside left
7-8 Cross right over left, stomp left beside right foot
- 9-10 Step left forward, brush right beside left
11-12 Right rock backward, replace on left
13-14 Cross right over the left, replace on left
15-16 Step to right turning $\frac{1}{4}$ to right, step left to left turning $\frac{3}{4}$ to right
- 17&18 Kick right on forward & ball on right, cross left over right
19-20 Touch right toe to the right side, touch right toe beside left
21-22 Step forward on right foot (ball on right), touch left toe behind right foot
&23-24 Step left backward, touch right heel forward, touch right heel diagonally to the right side
- 25&26 Touch right heel forward & step right backward, touch left heel forward
27-28 Touch left heel diagonally to the left, touch left heel forward
29-30 Left coaster step backward
31&32 Right shuffle forward
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