

Track: 3:15m

Section 1: FORWARD HIP STRUTS X 4 (R,L,R,L)

1-2 Touch RF toes forward, Drop heel (bump hips R,L,R)
3-4 Touch LF toes forward, Drop heel (bump hips L,R,L)
5-6 Touch RF toes forward, Drop heel (bump hips R,L,R)
7-8 Touch LF toes forward, Drop heel (bump hips L,R,L)

Section 2: TOE-STRUT JAZZ BOX, DIAGONAL SHUFFLES RIGHT, LEFT,

1&2& Cross right toe in front of left, drop right heel down, Step back on left toe, drop left heel down
3&4& Step right on right toe, drop right heel down, Step left toe beside right, drop left heel down
5&6 Step RF diagonally right (R,L,R,)
7&8 Step LF diagonally left (L,R,L,)

Section 3: FORWARD HIP STRUTS X 4 (R,L,R,L)

1-2 Touch RF toes forward, Drop heel (bump hips R,L,R)
3-4 Touch LF toes forward, Drop heel (bump hips L,R,L)
5-6 Touch RF toes forward, Drop heel (bump hips R,L,R)
7-8 Touch LF toes forward, Drop heel (bump hips L,R,L)

Section 4: TOE-STRUT JAZZ BOX, DIAGONAL SHUFFLES RIGHT, LEFT,

1&2& Cross right toe in front of left, drop right heel down, Step back on left toe, drop left heel down
3&4& Step right on right toe, drop right heel down, Step left toe beside right, drop left heel down
5&6 Step RF diagonally right (R,L,R,)
7&8 Step LF diagonally left (L,R,L,)

Section 5: SYNCOPATED WEAVE, RIGHT, LEFT 1/4 PIVOT L

1-2 Step RF right, Cross LF behind R
3&4 Step RF right, Cross LF over R, Step RF right
5-6 Step LF left, Cross RF over L
7&8 Step LF left, Cross RF behind L, Step LF 1/4 Pivot Left

Section 6: WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK

1-2 Walk forward, RF, LF
3&4 Rock forward on RF, Recover LF, Step back on RF
5-6 Walk back, LF, RF
7&8 Rock back on LF, Recover RF, Step LF beside right

Repeat