

Track: 3:29m

Note: Start after 48 counts of introduction

Restart: On the 3rd and 7th repetition dance until count 32, then restart the dance from the beginning

Section 1 Rock step forward, rock step side, sailor step x2

1,2 Rock RF forward, recover on LF
3,4 Rock RF to right, recover on LF
5&6 Step RF behind LF, step LF to left, step RF to right
7&8 Step LF behind RF, step RF to right, step LF to left

Section 2 ¼ Pivot turn left x2, ¼ turn right shuffle, ½ turn right shuffle

1,2 Step RF forward, ¼ turn left and step on LF
3,4 Step RF forward, ¼ turn left and step on LF
5&6 ¼ turn right and step RF forward, step LF together, step RF forward
7&8 ½ turn right and step LF backward, step RF together, step LF backward

Section 3 Rock step backward, Shuffle forward x2, Rock step forward

1,2 Rock RF backward, recover on LF
3&4 Step RF forward, step LF together, step RF forward
5&6 Step LF forward, step RF together, step LF forward
7,8 Rock RF forward, recover on LF

Section 4 Coaster step, rock step forward, coaster step, ¼ pivot turn left

1&2 Step RF backward, step LF together, step RF forward
3,4 Rock LF forward, recover on RF
5&6 Step LF backward, step RF together, step LF forward
7,8 Step RF forward, ¼ turn left and step on LF

***Restart here on 3rd and 7th repetition**

Section 5 Cross, side, ½ turn right & shuffle right, cross rock, ¼ turn left & step forward, ½ turn left & step backward

1,2 Cross RF over LF, step LF to left
3&4 ½ turn right and step RF to right, step LF together, step RF to right
5,6 Cross rock LF over RF, recover on RF
7,8 ¼ turn left and step LF forward, ½ turn left and step RF backward

Section 6 ½ turn left & shuffle forward, rock step forward, ½ turn right & walk forward x2, kick ball step

1&2 ½ turn left and step LF forward, step RF together, step LF forward
3,4 Rock RF forward, recover on LF
5,6 ½ turn right and step RF forward, step LF forward
7&8 Kick RF forward, step on ball of RF beside LF, step LF forward

Start again