



Follow My Lead

32 Count, 2 Wall, Improver

Choreographer: Judy Rodgers (USA) Feb 2018

Choreographed to: Shape Of You by Ed Sheeran

16 count intro

(No tags or restarts)

Section 1: Kick & point & step heel twists, coaster step, rock recover

1&2 Kick R fwd, step on ball of R, point L to left side
&3&4 Step L beside R, step R fwd, twist both heels to right, twist both heels back to center
5&6 Step R back, step L beside R, step R fwd
7-8 Rock L fwd, recover R

Section 2: Turn 1/4 L step, behind, side, cross, hold, side, behind, hold, side cross rock together

1-2& Turn 1/4 left step L to left side, step R behind L, step L to left 9:00
3-4 Cross R over L, hold
&5-6 Step L to left, step R behind L, hold
&7&8 Step L to left, cross/rock R over L, recover L, step R beside L

Section 3: Step lock & step lock, rock recover, turn 1/2 L shuffle

1-2& Step L fwd left diagonal, lock R behind L, step L fwd
3-4& Step R fwd right diagonal, lock L behind R, step R fwd
5-6 Rock L fwd, recover R
7&8 Turn 1/2 left shuffle L R L 3:00

Section 4: Side, behind, turn 1/4 R, step, touch, coaster step, run run run

1-2& Step R to right side, step L behind R, turn 1/4 right step R fwd 6:00
3-4 Step L fwd, touch R beside L
5&6 Step R back, step L beside R, step R fwd
7&8 Run L R L (bend knees as you start to run...have knees straight by count 8)