

## 50 Shades In Heaven

58 Count, 2 Wall, Advanced

Choreographer: Roy Verdonk (NL) & Val O'Connor (UK)

February 2018

Choreographed to: Heaven by Julia Michaels

50 Shades Freed Soundtrack

14 Counts intro

### **SIDE BEHIND AND CROSS SWEEP, CROSS SIDE ¼ LOCK STEP, STEP, ROCK FORWARD, ¼ L**

- 1-2&a3 Side R, cross L behind, (&) R to R side, (a) cross L over R, sweep R from back to front  
4&a5 Cross R over L, (&) side L, (a) ¼ L lock R behind L, step forward L (sweep R (9)  
6-7-8& Step forward R (sweep L), rock forward L, recover back on R, (&) ¼ L step L to L side (6)

### **R CROSS ROCK & CROSS, ¼ L, ¼ L SIDE ROCK, RECOVER ¼ R**

- 1-2&3 Cross rock R over L, recover back on L, (&) R to R side, cross L over R  
4-5-6 ¼ L step back on R, ¼ L rock I to L side, ¼ R recover forward on R (3)

### **CROSS L ¼ L, ¼ L, ¼ R, FULL TURN, DIAGONAL STEP HITCH, ROCK BACK, CROSS BACK TURN**

- 1&2 Cross L over R, (&) ¼ L step back R, ¼ L step L to L side (9)  
3&4 ¼ R step forward R, (&) ½ R step back L, ½ R step forward R (12)  
5-6-7 1/8 R step forward L (hitch R at same time), rock back R, recover forward on L (Diagonal)  
8&1 Cross R over L, (&) step back L, ½ R step forward R

### **TOUCH AND STEP, L FORWARD ROCK, STEP FORWARD L**

- 2&3 Touch L next to R, (&) step down on L, step forward R (Diagonal)  
4-5-6 Rock forward L, recover back on R, step forward L

### **SKATE R L, CROSS ¼ ¼ CROSS, REPEAT**

- 1-2 Skate R, skate L 1/8 L (facing back wall)  
3&a4 Cross R over L, (&) ¼ R back on L, (a) ¼ R step R to R side, cross L over R (Facing R diagonal)  
5-6 Skate R, skate L 1/8 L (facing front wall)  
7&a8 Cross R over L, (&) ¼ R back on L (a) ¼ R step R to R side, cross L over R (6)

### **SIDE STEPS WITH TOUCHES, SYNCOPATED SAILOR STEPS, ROCK BACK**

- 1-2-3-4 Step R to R side, touch L to L side (click fingers), repeat to Left side  
5&a6&aCross R behind L, (&) L to L side, (a) R to R side, cross L behind R, (&) R to R side, (a) L to L side  
7-8 1/8 R rock back on R, recover forward on L (Facing R diagonal)

### **SKATE R L, CROSS ¼ ¼ CROSS, REPEAT**

- 1-2 Skate R, skate L 1/8 L (facing back wall)  
3&a4 Cross R over L, (&) ¼ R back on L, (a) ¼ R step R to R side, cross L over R (Facing R diagonal)  
5-6 Skate R, skate L 1/8 L (facing front wall)  
7&a8 Cross R over L, (&) ¼ R back on L (a) ¼ R step R to R side, cross L over R (6)

### **SIDE ROCK, CROSS ¼ ROCK BACK, 1&1/4 TURN**

- 1-2-3& R side rock, recover on L, cross R over L, (&) ¼ R step back on L (9)  
4-5-6& R rock back, recover forward on L, ½ L step back R, (&) ½ L step forward L  
**Restart** Turn ¼ L to start the dance again on count 1 (Side R) facing the back wall