

Intro: 16 counts. Music download available on iTunes.

SIDE, BACK ROCK, SIDE, BACK ROCK, LOCK SHUFFLE, STEP, ½ PIVOT, STEP, ½ TURN-BACK

- 1-2& Step right to right, rock left behind right, recover onto right
3-4& Step left to left, rock right behind left, recover onto left
5&6 Step right forward, lock left behind right, step right forward
7&8& Step left forward, pivot ½ turn right, step left forward, on ball of left spin ½ turn left and step right back

¼ TURN, SIDE ROCK, TOGETHER, SIDE, STEP, ROCK, ½ TURN, ROCK, ½ TURN

- 9-10& Make ¼ turn left & rock left to left, recover onto right, step left beside right
11-12 Step right to right, step left forward
13&14 Rock right forward, recover onto left, make ½ turn right & step right forward
15&16 Rock left forward, recover onto right, make ½ turn left and step left forward

¼ TURN, SIDE ROCK, CROSS, SIDE ROCK, CROSS, SIDE, CROSS ROCK, SWEEP, SAILOR ¼ TURN

- 17&18 Make ¼ turn left and rock right to right, recover onto left, step right across left
19&20 Rock left to left, recover onto right, step left across right
&21-22 Step right to right, rock left across right, recover onto right sweeping left out and around to side
23&24 Make ¼ turn left and step left behind right, step right to right, step left forward

½ TURN, BACK, ½ TURN, ROCK, BACK, BACK MAMBO, STEP, ROCK, 1 ¼ TURNS

- &25-26 Make ½ turn left & step back on right, make ½ turn left & rock forward onto left, recover onto right
27-28 Step left back, rock right back
&29-30 Recover onto left, step right slightly forward, step left forward
31&32& Rock right forward, recover onto left, make ½ turn right & step right forward, make ½ turn right and step left back continuing turn on ball of left to make a further ¼ turn right
(flow final ¼ turn smoothly into the beginning of the dance)
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