



## 1200 Days

32 Count, 2 Wall, Intermediate  
Choreographer: Mathew Sinyard (UK) Feb 2018  
Choreographed to: 1200 Days by Erick Baker

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- Section 1**      **Side Back Rock Side, Behind Side, Cross Unwind  $\frac{3}{4}$ , Cross Shuffle.**  
1 2 &      Step right foot to right side, rock left foot behind right, recover right.  
3 4 &      Step left foot to left side, step right behind left, step left foot to left side.  
5 6 7      Cross right foot in front or left, over 2 counts unwind  $\frac{3}{4}$  turn left.  
8 & 1      Cross right in front of left, step left slightly to left, cross right in front of left.
- Section 2**      **Side Rock Cross, Side Rock Cross,  $\frac{1}{4}$ , Side, Cross Shuffle.**  
2 & 3      Rock left foot to left side, recover on to right, cross left in front of right.  
4 & 5      Rock right foot to right side, recover on to left, cross right foot in front of left.  
6 7      Make a  $\frac{1}{4}$  turn right stepping back on left, step right foot to right side.  
8 & 1      Cross left foot in front of right, step right slightly to right, cross left in front of right.
- Section 3**      **Sweep Cross Side Behind, Sweep Behind Side Cross,  $\frac{1}{4}$  Hitch Walk R L, Mambo.**  
2 & 3      Sweep right foot across left, step left to left side, cross right behind left.  
4 & 5      Sweep left foot behind right, step right foot to right side, cross left foot in front of right.  
6 7      Make a  $\frac{1}{4}$  turn left as you hitch and step right foot forward, step forward on left foot.  
8 & 1      Rock forward on right foot, recover on to left, step right beside left.
- Section 4**       **$\frac{1}{2}$ ,  $\frac{1}{4}$ , Back Rock Side, Back Rock Side, Change Weight (Sway).**  
2 3      Make a  $\frac{1}{2}$  turn left stepping forward left, make  $\frac{1}{4}$  turn left stepping right foot to right side.  
4 & 5      Rock left behind right foot, recover on to right, step left to left side.  
6 & 7      Rock right foot behind left, recover on to right, step right to right side.  
8      Change weight from right to left (optional sway as you change weight).
- \*Pauses –**      **End of walls 1, 2 & 3: -**  
                         **At the end of wall 1 pause and start wall 2 on the word “DAYS”**  
                         **At the end of wall 2 pause and start wall 3 on the word “HANDS”**  
                         **At the end of wall 3 very slight pause before starting wall 4 as he sings “I ASKED”**
- \*\*Tag**              **end of wall 5 (6:00) & end of wall 6 to finish \*\***  
                         **Side Back Rock Side, Behind Side, Cross Unwind Full turn, Hold/Pause.**  
1 2 &      **Step right foot to right side, rock left foot behind right, recover right.**  
3 4 &      **Step left foot to left side, step right behind left, step left foot to left side.**  
5 6 7 8      **Cross right foot in front or left, over 3 counts unwind a full turn left.**  
**Then hold for 4 counts starting wall 6 on the word “Word”.**
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