



Pray

96 Count, 2 Wall, Intermediate, Waltz
Choreographer: Gemma Ridyard (UK) January 2018
Choreographed to: Pray by Sam Smith

24 counts intro - Dance begins facing 1.30

Full diamond turn left

- 1-3 Step L forward (1), step R forward (2), turn ¼ L stepping back on L (3) (11:30)
- 4-6 Step back on R (4), step back on L (5), turn ¼ L stepping R forward (6) (7:30)
- 7-9 Step L forward (7), step R forward (8), turn ¼ L stepping back on L (9) (4:30)
- 10-12 Step back on R (10), step back on L (11), turn ¼ L stepping R forward (12) (1:30)

Twinkle 1/2 turn, 2 x twinkle's back, back sweep

- 1-3 Cross LF over RF (1) make a 1/4 turn L step RF back (2) make a 1/4 turn L step LF to L side (3)
- 4-6 Cross RF behind LF (4) rock LF to L side (5) replace weight RF (6)
- 7-9 Cross LF behind RF (7) rock RF to R side (8) replace weight LF (9)
- 10-12 Cross RF behind LF (10) sweep LF from back to front (11-12)

2x Twinkles back, back sweep 1/4 R, behind side cross

- 1-3 Cross LF behind RF (1) rock RF to R side (2) replace weight
- 4-6 Cross RF behind LF (4) rock LF to L side (5) replace weight RF (6)
- 7-9 Cross LF behind RF (7) sweeping RF from front to back making a 1/4 turn R (2-3)
- 10-12 Cross RF behind LF (10) step LF to L side (11) cross RF over LF (12)

Slide L drag, Slide R drag, 1/4 1/2 back, back together together

- 1-3 Take a big side step L (1) drag RF to LF touch (2-3)
- 4-6 Take a big side step R (4) drag LF to RF touch (4-6)
- 7-9 Make a 1/4 turn L step LF forward (7), make 1/2 turn L step RF back (8), Step LF back (9)
- 10-12 Step back on RF (10) close LF to RF (11) close RF to LF (12)

2 x drag walks forward, pivot 1/2 step, rock replace back

- 1-3 Step LF forward (1) drag RF toward LF (2-3)
- 4-6 Step RF forward (4) drag LF toward RF (4-6)
- 7-9 Step LF forward (7) pivot half turn R transfer weight to RF (8) step LF forward (9)
- 10-12 Rock RF forward (10) replace weight to LF (11) step RF back (12)

1/2 turn L, balance hold with arm line

- 1-3 Make a 1/2 turn L step LF forward (1) close RF to LF rising on to the balls of both feet as you reach both arms forward and up (2-3) (lyrics lifting your head - eyes look up)
- 4-6 Hold on the balls of both feet (4-6) (weight finishing LF)

Run back RLR, run back LRL, coaster step, spiral full turn R

- 1-3 Step back on RF (1) step back on LF (2) step back on RF (3)
- 4-6 Step back on LF (4) step back on RF (5) step back on LF (6)
- 7-9 Step RF back (7) close LF to RF (8) step RF forward (9)
- 10-12 Step LF forward (10) unwind a full turn R keeping weight on LF (11-12)

Step sweep cross, step cabriole (step developers kick)

- 1-3 Step RF forward (1) sweep LF from back to front angling body to (1.30) (2-3)
- 4-6 Step LF forward to the diagonal (1) developpe right leg forward (5-6)

Option 4-6 Step LF forward to diagonal (4) swing right leg through jumping from left foot left foot touch R heel (5) left foot lands down weight on LF RF pointed forward (6)

Back drag hold, 1/2 turn R hold, step lock, unwind full turn R

- 1-3 Staying on the diagonal step RF big step back (1) drag LF to meet RF (2) step LF next to RF (3)
- 4-6 Make a 1/2 a turn R step forward on RF (7.30) (4) drag LF toward RF (5-6)
- 7-9 Step LF forward to (7) step RF forward (8) lock LF behind RF (9)
- 10-12 Unwind a full turn over L shoulder transferring weight to RF (7.30) (10-12)

Begin again