











## Freedom

96 Count, 4 Wall, Intermediate (Phrased)
Choreographer: Trine Haukø Lund (NO) Jan 2018
Choreographed to: Freedom '90 (Remastered) by George Michael.
Album: Listen Without Prejudice/MTV Unplugged (Deluxe) 2017

Intro: 16 counts - Sequence of dance: A - A-A-B - A-A-B - A-A-B - A

Part A: 64 counts

Section A1: Mambo left, mambo right, mambo fwd, mambo backw

1&2 Rock LF to L, recover on RF, step LF next to RF
3&4 Rock RF to R, recover on LF, step RF next to LF
5&6 Rock LF forward, recover on RF, step LF next to RF
7&8 Rock RF backwards, recover on LF, step RF next to LF

Section A2: Shuffle 1/2 turn R, shuffle 1/2 turn R, step 1/4 turn R, cross, scissor step

Turn 1/4 R(3:00), step LF to L, step RF next to LF, turn 1/4 R(6:00), step LF backwards

Turn 1/4 R(9:00), step RF to R, step LF next to RF, turn 1/4 R(12:00), step RF forward

5&6 Step LF forward, turn 1/4 R(3:00), recover on RF, cross LF in front of RF

7&8 Step RF to R, step LF next to RF, cross RF in front of LF

Section A3: Skate L-R, shuffle, skate R-L, shuffle

Step LF diagonal forward to L, step RF diagonal forward to R (skate)
Step LF diagonal forward to L, step RF next to LF, step LF forward
Step RF diagonal forward to R, step LF diagonal forward to L (skate)
Step RF diagonal forward to R, step LF next to RF, step RF forward

Section A4: Mambo L fwd, sailor 1/4 turn R, kick L fwd, rock R, kick R fwd, rock L

1&2 Rock LF forward, recover on RF, step LF slightly backwards

Turn 1/4 R(6:00), step RF backwards, step LF next to RF, step RF to R
 Kick LF forward, step LF next to RF, rock RF to R, recover on LF
 Kick RF forward, step RF next to LF, rock LF to L, recover on RF

Section A5: Make a full round and walk L-R, shuffle, R-L, shuffle

1-2 Walk LF forward. Walk RF forward

3&4 Step LF forward, step RF next to LF, step LF forward, end facing 12:00

5-6 Walk RF forward, walk LF forward

7&8 Step RF forward, step LF next to RF, step RF forward, end facing 6:00

Section A6: Rock L fwd, recover R, step L backw, coaster step R, make a square and step R-L-R-L

1&2 Rock LF forward, recover on RF, step LF backwards
 3&4 Step RF backwards, step LF next to RF, step RF forward

5-6 Step LF to L, turn 1/4 R(9:00), step RF to R

7-8 Turn 1/4 R(12:00), step LF to L, turn 1/4 R(3:00), step RF to R

Section A7: Rock L backw, recover, rock R backw, recover, rock L, recover R, cross L, 1/2 turn L, cross R

1&2 Rock LF backwards, recover on RF, step LF next to RF
 3&4 Rock RF backwards, recover on LF, step RF next to LF
 5&6 Rock LF to L, recover on RF, cross LF in front of RF

7&8 Turn 1/4 L(12:00), step RF backwards, turn 1/4 L(9:00), step LF to L, cross RF in front of LF

Section A8: Kick ball cross X 2, walk full round L-R-L-R

1&2 Kick LF diagonal forward L, step LF next to RF, cross RF over LF
 3&4 Kick LF diagonal forward L, step LF next to RF, cross RF over LF

5-8 Walk full round L, start with LF, end facing 9

Part B: 32 counts

Section B1: Stand on both feet, raise hands, 1/4 L, step R, raise hands
1-4 Stand on both feet, raise both hands, palms up, towards the sky

5-8 Turn 1/4 L(12:00), step RF to R, raise both hands, palms up, towards the sky

Section B2: 1/4 L, step R, raise hands, mambo L-R

1-4 Turn 1/4 L(9:00), step RF to R, raise both hands, palms up, towards the sky

Rock LF to L, recover on RF, step LF next to RFRock RF to R, recover on LF, step RF next to LF

Section B3: Stand on both feet, raise hands, 1/4 L, step R, raise hands
1-4 Stand on both feet, raise both hands, palms up, towards the sky

5-8 Turn 1/4 L(6:00), step RF to R, raise both hands, palms up towards the sky

Section B4: 1/4 L, step R, raise hands, mambo L-R

1-4 Turn 1/4 L(3:00), step RF to R, raise both hands, palms up, towards the sky

Rock LF to L, recover on RF, step LF next to RF Rock RF to R, recover on LF, step RF next to LF

Part B starts every time he sings the word 'freedom'. First time facing 3 o'clock

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