



## Arms Open

32 Count, 4 Wall, Intermediate  
Choreographer: Francien Sittrop (NL) Jan 2018  
Choreographed to: Arms Open by The Script.  
Album: Freedom Child

**Intro:** After 8 counts from the beginning

**Section 1 Step Fwd, Step fwd, Pivot ½ L, Rock step, Recover, Side, Cross, Rumba Box**

1 Step L fwd  
2 & 3 Step R fwd, Pivot ½ Turn L, Rock R fwd (06.00)  
4 & 5 Recover on L, Step R to R side, Step L across R  
6 & 7 Step R to R Side, Step L next to R, Step R fwd  
8& Step L to L side, Step R next to L

**Section 2 MJ Walks back , Coaster cross , Side, Behind, Behind, ¼ Turn R, Step fwd**

1 Step L back and drag R  
2 – 3 Step R back and Drag L, Step L back and drag R  
4 & 5 Step R back, Step L next to R, Step R across L  
6 – 7 Step L to L side, Step R behind L and sweep L to the back  
8 & 1 Step L behind R , ¼ Turn R step R fwd, Step L fwd (09.00)

**Section 3 Lock step fwd, Mambo step, Full Turn R, Behind, Side, Cross**

2 & 3 Step R fwd, Lock L behind R, Step R fwd  
4 & 5 Rock L fwd, Recover on R, Step L back  
6 - 7 ½ Turn R step R fwd, ½ Turn R step L back (09.00) 32 Counts  
8 & 1 Step R behind L , Step L to L side, Step R across L

**Section 4 Side Rocks with Hip sways, Prissy Walks**

2-3& Rock L to L side, Recover on R, Step L next to R  
4 - 6 Rock R to R side, Recover on L, Step R next to L  
7 – 8 Step L across R, Step R across L (option: open your arms)

**Start again**